

# 18<sup>th</sup>



**EFIM**

European Federation of Internal Medicine

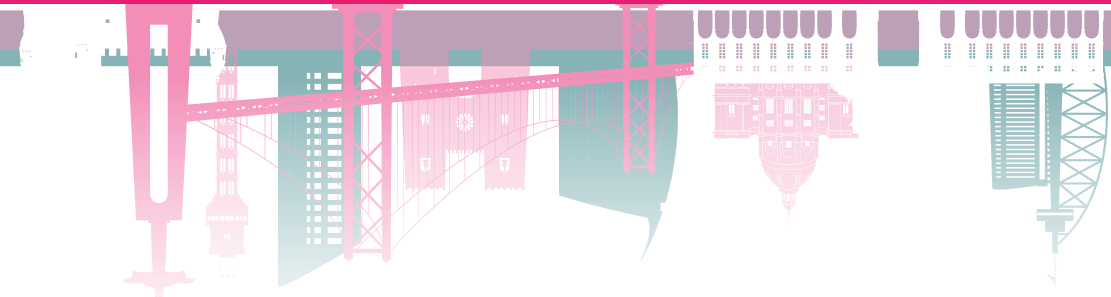
## European Congress of **INTERNAL MEDICINE**

29-31 August, 2019  
Lisbon

President of ECIM 2019: Luís Campos, Lisbon, Portugal  
EFIM President: Nicola Montano, Milan, Italy



**Innovation in Health Care:  
New Opportunities for Internal Medicine**



**Preliminary Program**

[www.efim.org/ecim2019](http://www.efim.org/ecim2019)

# WELCOME

## Join us for the 18<sup>th</sup> European Congress of Internal Medicine in Lisbon 2019!

Dear Colleague,

On behalf of the European Federation of Internal Medicine, it is our pleasure and privilege to invite you to the 18<sup>th</sup> European Congress of Internal Medicine, which will take place at the Lisbon Congress Centre, from 29 to 31 August 2019.

The theme of the congress is “Innovation in Health Care: New Opportunities for Internal Medicine”.

The choice of this theme was motivated by our belief that the demographic evolution, super-specialization trends in medicine and the escalating healthcare costs underscores the importance of a specialty with the characteristics of internal medicine, including the broad scope, patient-centred care and cost-conscious approach.

We have created an exciting program that balances challenging clinical topics with emerging innovations in medical care related to the theme of the congress. Excellent speakers will update our knowledge in a wide spectrum of areas in internal medicine and open new horizons for our specialty.

ECIM 2019 will also provide an excellent opportunity to share successful experiences and network with peers.

Voted as Europe’s leading destination, Lisbon is a trendy multicultural and multi-ethnic city with a unique light, beautiful buildings and streets, and excellent food and wine.

Throughout its history, Lisbon has been a point for convergence of civilizations. It is our wish that ECIM 2019 will be the meeting place for all internists across Europe and worldwide.

Welcome to ECIM 2019 in Lisbon! We will make you will feel at home!



Nicola Montano, MD, PhD  
EFIM President



Luís Campos, MD, MSc, FACP (Hon)  
President of ECIM 2019

# COMMITTEES



## President of ECIM 2019

Luís Campos, Portugal

## EFIM President

Nicola Montano, Italy

## EFIM Executive Committee

Nicola Montano | President, Italy

Dror Dicker | President Elect, Israel

Runólfur Pálsson | Immediate Past President, Iceland

Xavier Corbella | Secretary General, Spain

Valentin Kokorin | Treasurer, Russian Federation

Daniel Sereni | FDMIE President, France

Ieva Ruza | Young Internists Chair, Latvia

Reinold Gans | President UEMS section of Internal Medicine, The Netherlands

## Local Organising Committee

Luís Campos, Portugal

João Araújo Correia, Portugal

Armando Carvalho, Portugal

Vasco Barreto, Portugal

Lêlita Santos, Portugal

António Oliveira e Silva, Portugal

Luís Duarte Costa, Portugal

Faustino Ferreira, Portugal

João Sá, Portugal

António José Novais, Portugal

Teresa Mesquita, Portugal

Ana Lynce, Portugal

# CONTACTS



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## Congress Secretariat

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## Travel Agency

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## Congress Venue

Júlio Teixeira

Email: [julio.teixeira@ccl.fil.pt](mailto:julio.teixeira@ccl.fil.pt)

Phone: (+351) 213601400

Praça das Indústrias, 1300-307

Lisbon, Portugal



## LOCATION AND CONGRESS VENUE

### Lisbon

The capital of Portugal lies on the north bank of the Tagus Estuary, on the European Atlantic coast. It is the westernmost city in continental Europe. Greater Lisbon has an area of approximately 1,000 km<sup>2</sup>.

The city lies more or less in the centre of the country, approximately 300 km from the Algarve in the south and 400 km from the northern border with Spain. Lisbon offers a wide variety of options to the visitor, including beaches, countryside, mountains and areas of historical interest only a few kilometers away from the city centre.



### Congress Venue – Lisbon Congress Center

The ECIM 2019 will take place at Lisbon Congress Centre, a pleasant and modern location, specially designed to hold large scale events of different kinds. The building offers lecture halls of different sizes, an attractive exhibition area as well as a number of rooms for spontaneous small scale meetings.

With the Tagus River nearby and close to the prestigious area of the Belém historical quarter, Lisbon Congress Centre is about 15 minutes drive from the city centre with its high number of hotels and restaurants.



## ADDITIONAL INFORMATION

### Registrations

	<b>Early Bird Fee</b> Until July 01, 2019	<b>Regular Registration Fee</b> Until August 15, 2019
Member	€ 350.00	€ 400.00
Non-Member	€ 400.00	€ 450.00
Young Internists and Students	€ 200.00	€ 250.00
Exhibitor	€ 100.00	
Fast Assessment Diagnostic Ultrasound	€ 150.00	
Hands-on course in non-invasive ventilation	€ 150.00	
Antibiotherapy in clinical practice	€ 150.00	
Less is More course	Free	
Quality of care, patient safety and doctor-patient communication	€ 75.00	
Obesity Management Task Force teaching course	Free	

#### Registration fee includes:

- Admission to the scientific sessions
- Congress material
- Lunches and coffee-breaks
- Welcome cocktail
- Certificate of attendance

#### Registration cancellations:

- Any cancellations must be sent in written to [ana.pais@admedic.pt](mailto:ana.pais@admedic.pt);
- Up to August 15, 2019 | A handling fee of € 50.00 is due;
- From August 16, 2019 onwards | A full invoice amount will be charged

Registrations for the conference must be made online at <http://www.efim.org/ecim2019/>.

For any questions regarding group registrations or online registration process, please contact Ad Médico: Ana Pais | Email: [ana.pais@admedic.pt](mailto:ana.pais@admedic.pt) | Phone: (+351) 218429710

### Hotel Accommodation

Guest rooms have been reserved at special congress rates in various hotels in the surroundings of the congress venue and in the city centre.

For information and/or reservation please visit <http://www.efim.org/ecim2019/> or send an email to [paula.gomes@admedictours.pt](mailto:paula.gomes@admedictours.pt)

# PRELIMINARY PROGRAM

## Thursday 29 August



08:00h Opening of registration desk

### Pre-congress Workshops

09:00-17:00h Fast Assessment Diagnostic Ultrasound

09:00-17:00h Hands-on course in non-invasive ventilation

09:00-17:00h Antibiotic therapy in clinical practice

09:00-17:00h Quality of care, patient safety and doctor-patient communication

13:00-17:00h Less is More course

13:00-17:00h Obesity Management Task Force teaching course

17:30-19:00h **Opening session**

Auditorium 1

Opening remarks

**Opening lecture: The internist as a maestro**

Exhibition Hall

19:00-20:30h **Welcome reception**

## Friday 30 August



07:00h Opening of registration desk

08:00-09:00h **Plenary session**

Auditorium 1

**New developments in the approach to chronic heart failure**

09:00-10:00h **Parallel session**

Auditorium 1

**Chronic thromboembolic pulmonary hypertension: A new entity**

- Diagnosis and medical therapy
- Pulmonary endarterectomy and pulmonary angioplasty

09:00-10:00h	<p><b>Parallel session</b></p> <p><b>Changing the paradigm of hospital care</b></p> <ul style="list-style-type: none"> <li>• Co-management of surgical patients</li> <li>• Hospital at home</li> </ul>	Auditorium 2
10:00-10:30h	Coffee break / Poster discussion / Young Internists Corner	
10:30-11:30h	<p><b>Plenary session</b></p> <p><b>The impact of artificial intelligence on the future of healthcare</b></p>	Auditorium 1
11:30-12:30h	<p><b>Parallel session</b></p> <p><b>Hot topics in liver disease</b></p> <ul style="list-style-type: none"> <li>• From NAFLD/NASH to autoimmune hepatitis</li> <li>• Acute on chronic liver failure</li> </ul>	Auditorium 1
11:30-12:30h	<p><b>Parallel session</b> (Joint session EFIM-ACP)</p> <p><b>The hospital in the context of health and social network</b></p> <ul style="list-style-type: none"> <li>• European perspective</li> <li>• American perspective</li> </ul>	Auditorium 2
12:30-13:30h	Lunch	
13:30-14:30h	<p><b>Parallel session</b> (Young Internists Session)</p> <p><b>“Looking for Phoenix” – Dealing with burnout</b></p>	Auditorium 1
13:30-14:30h	<p><b>Parallel session</b></p> <p><b>A new look at the cardiovascular risk factors and hypertension</b></p> <ul style="list-style-type: none"> <li>• New cardiovascular risk factors: Clinical relevance</li> <li>• New perspective of hypertension management</li> </ul>	Auditorium 2
14:30-15:30h	<p><b>Parallel session</b></p> <p><b>Update on stroke</b></p> <ul style="list-style-type: none"> <li>• What is new in medical approach to stroke?</li> <li>• Vascular intervention in stroke</li> </ul>	Auditorium 1
14:30-15:30h	<p><b>Parallel session</b></p> <p><b>ICT and knowledge in the future of healthcare</b></p> <ul style="list-style-type: none"> <li>• How ICT should be exploited in healthcare?</li> <li>• How to provide clinical relevant information at the point-of-care?</li> </ul>	Auditorium 2



15:30-16:00h	Coffee Break / Poster Discussion / Young Internists Corner	
16:00-17:00h	<p><b>Parallel session</b></p> <p><b>Update on autoimmunity</b></p> <ul style="list-style-type: none"> <li>• Treat-to-target in SLE: Where are we?</li> <li>• ANCA-associated vasculitis</li> </ul>	Auditorium 1
16:00-17:00h	<p><b>Parallel session</b></p> <p><b>Cancer immunotherapy: Challenges for the internist</b></p> <ul style="list-style-type: none"> <li>• Immunotherapy as a powerful innovation</li> <li>• Clinical management of adverse effects</li> </ul>	Auditorium 2
17:00-18:00h	<p><b>Parallel session</b></p> <p><b>What can we expect of the impact of environmental changes on health?</b></p>	Auditorium 1
17:00-18:00h	<p><b>Parallel session (Young Internists session)</b></p> <p><b>Drug management in 2050 – A glimpse to the future</b></p> <ul style="list-style-type: none"> <li>• State-of-the-art and innovations in drug delivery treating challenging conditions in Internal Medicine</li> </ul>	Auditorium 2

## Saturday 31 August



07:00h	Opening of registration desk	
08:00-09:00h	<p><b>Plenary session</b></p> <p><b>Doctor-patient communication</b></p> <ul style="list-style-type: none"> <li>• How communication with patients and families are essential to good decisions?</li> <li>• How to communicate bad news?</li> </ul>	Auditorium 1
09:00-10:00h	<p><b>Parallel session</b></p> <p><b>From hospital-acquired infections to the problem of multiresistance</b></p> <ul style="list-style-type: none"> <li>• What strategies can be used to prevent hospital-acquired infections?</li> <li>• Implementing antibiotic stewardship in hospitals to reduce AMR and HAI</li> </ul>	Auditorium 1
09:00-10:00h	<p><b>Parallel session</b></p> <p><b>Update in rare diseases</b></p> <ul style="list-style-type: none"> <li>• Clinical genetics in rare diseases</li> <li>• Emerging treatments in rare diseases</li> </ul>	Auditorium 2

10:00-10:30h	Coffee break / Poster discussion / Young Internists Corner	
10:30-11:30h	<b>Plenary session</b> The surprising world of patient innovation	Auditorium 1
11:30-12:30h	<b>Parallel session</b> New imaging techniques for the internist <ul style="list-style-type: none"> <li>• New boundaries of liver imaging: The MR shift from morphology to function</li> <li>• Endoscopic ultrasound</li> </ul>	Auditorium 1
11:30-12:30h	<b>Parallel session</b> Hot topics in blood disorders <ul style="list-style-type: none"> <li>• Multiple myeloma</li> <li>• Oral anti-coagulation in the real world</li> </ul>	Auditorium 2
12:30-13:30h	Lunch	
13:30-14:30h	<b>Parallel session</b> Hot topics in diabetes <ul style="list-style-type: none"> <li>• Diabetes and heart failure</li> <li>• Advances in the treatment of diabetes</li> </ul>	Auditorium 1
13:30-14:30h	<b>Parallel session</b> Perspectives in internal medicine from the other side of the Atlantic	Auditorium 2
14:30-15:30h	<b>Parallel session</b> How to recognize autoinflammatory syndromes?	Auditorium 1
14:30-15:30h	<b>Parallel session</b> Top five rated abstracts	Auditorium 2
15:30-16:00h	<b>Plenary session</b> <ul style="list-style-type: none"> <li>• FDIME Research Grant Award Ceremony and FDIME Best Poster Award Ceremony</li> <li>• EJCRIM and Young Internists Best Case Report Ceremony</li> </ul>	Auditorium 1
16:00-17:00h	<b>Closing session</b> (Young Internists session) Closing Lecture: Health care in the social media era Closing Remarks	Auditorium 1



**Please submit your abstract at:**  
[www.efim.org/ecim2019/eposters](http://www.efim.org/ecim2019/eposters)

#### **DATES TO REMEMBER**

Online Registration and Housing Opening	<b>Already opened</b>
Online Abstract Submission Opening	<b>Already opened</b>
Abstract Submission Deadline	<b>April 30, 2019</b>
Authors Notification	<b>May 30, 2019</b>
Early Registration Deadline	<b>July 01, 2019</b>
E-poster Submission Deadline	<b>August 01, 2019</b>
Regular Registration Deadline	<b>August 15, 2019</b>