18th European Congress of INTERNAL MEDICINE

29-31 August, 2019
Lisbon

President of ECIM 2019: Luís Campos, Lisbon, Portugal
EFIM President: Nicola Montano, Milan, Italy

Innovation in Health Care: New Opportunities for Internal Medicine

Preliminary Program

www.efim.org/ecim2019
Join us for the
18\textsuperscript{th} European Congress of Internal Medicine in Lisbon 2019!

Dear Colleague,

On behalf of the European Federation of Internal Medicine, it is our pleasure and privilege to invite you to the 18\textsuperscript{th} European Congress of Internal Medicine, which will take place at the Lisbon Congress Centre, from 29 to 31 August 2019.

The theme of the congress is “Innovation in Health Care: New Opportunities for Internal Medicine”. The choice of this theme was motivated by our belief that the demographic evolution, super-specialization trends in medicine and the escalating healthcare costs underscores the importance of a specialty with the characteristics of internal medicine, including the broad scope, patient-centred care and cost-conscious approach.

We have created an exciting program that balances challenging clinical topics with emerging innovations in medical care related to the theme of the congress. Excellent speakers will update our knowledge in a wide spectrum of areas in internal medicine and open new horizons for our specialty.

ECIM 2019 will also provide an excellent opportunity to share successful experiences and network with peers.

Voted as Europe’s leading destination, Lisbon is a trendy multicultural and multi-ethnic city with a unique light, beautiful buildings and streets, and excellent food and wine.

Throughout its history, Lisbon has been a point for convergence of civilizations. It is our wish that ECIM 2019 will be the meeting place for all internists across Europe and worldwide.

Welcome to ECIM 2019 in Lisbon! We will make you will feel at home!

Nicola Montano, MD, PhD
EFIM President

Luís Campos, MD, MSc, FACP (Hon)
President of ECIM 2019
COMMITTEES

President of ECIM 2019
Luís Campos, Portugal

EFIM President
Nicola Montano, Italy

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Lisbon, Portugal
www.admedictours.pt

Congress Venue
Júlio Teixeira
Email: julio.teixeira@ccl.fil.pt
Phone: (+351) 213601400
Praça das Indústrias, 1300-307
Lisbon, Portugal
LOCATION AND CONGRESS VENUE

Lisbon

The capital of Portugal lies on the north bank of the Tagus Estuary, on the European Atlantic coast. It is the westernmost city in continental Europe. Greater Lisbon has an area of approximately 1,000 km². The city lies more or less in the centre of the country, approximately 300 km from the Algarve in the south and 400 km from the northern border with Spain. Lisbon offers a wide variety of options to the visitor, including beaches, countryside, mountains and areas of historical interest only a few kilometers away from the city centre.

Congress Venue – Lisbon Congress Center

The ECIM 2019 will take place at Lisbon Congress Centre, a pleasant and modern location, specially designed to hold large scale events of different kinds. The building offers lecture halls of different sizes, an attractive exhibition area as well as a number of rooms for spontaneous small scale meetings. With the Tagus River nearby and close to the prestigious area of the Belém historical quarter, Lisbon Congress Centre is about 15 minutes drive from the city centre with its high number of hotels and restaurants.
**Registrations**

<table>
<thead>
<tr>
<th>Event Description</th>
<th>Early Bird Fee Until July 01, 2019</th>
<th>Regular Registration Fee Until August 15, 2019</th>
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<tbody>
<tr>
<td>Member</td>
<td>€ 350.00</td>
<td>€ 400.00</td>
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<tr>
<td>Non-Member</td>
<td>€ 400.00</td>
<td>€ 450.00</td>
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<tr>
<td>Young Internists and Students</td>
<td>€ 200.00</td>
<td>€ 250.00</td>
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<td>Exhibitor</td>
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<td>Fast Assessment Diagnostic Ultrasound</td>
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<td>Hands-on course in non-invasive ventilation</td>
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<tr>
<td>Antibiotherapy in clinical practice</td>
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<td>Less is More course</td>
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<td>Free</td>
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<tr>
<td>Quality of care, patient safety and doctor-patient communication</td>
<td>€ 75.00</td>
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<tr>
<td>Obesity Management Task Force teaching course</td>
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<td>Free</td>
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**Registration fee includes:**

- Admission to the scientific sessions
- Congress material
- Lunches and coffee-breaks
- Welcome cocktail
- Certificate of attendance

**Registration cancellations:**

- Any cancellations must be sent in written to ana.pais@admedic.pt;
- Up to August 15, 2019 | A handling fee of € 50.00 is due;
- From August 16, 2019 onwards | A full invoice amount will be charged

Registrations for the conference must be made online at [http://www.efim.org/ecim2019/](http://www.efim.org/ecim2019/).

For any questions regarding group registrations or online registration process, please contact
Ad Médic: Ana Pais | Email: ana.pais@admedic.pt | Phone: (+351) 218429710

**Hotel Accommodation**

Guest rooms have been reserved at special congress rates in various hotels in the surroundings of the congress venue and in the city centre.

For information and/or reservation please visit [http://www.efim.org/ecim2019/](http://www.efim.org/ecim2019/) or send an email to paula.gomes@admedictours.pt
Thursday 29 August

08:00h Opening of registration desk

Pre-congress Workshops

09:00-17:00h Fast Assessment Diagnostic Ultrasound
09:00-17:00h Hands-on course in non-invasive ventilation
09:00-17:00h Antibiotic therapy in clinical practice
09:00-17:00h Quality of care, patient safety and doctor-patient communication
13:00-17:00h Less is More course
13:00-17:00h Obesity Management Task Force teaching course

17:30-19:00h Opening session
Auditorium 1
Opening remarks
Opening lecture: The internist as a maestro
Exhibition Hall

19:00-20:30h Welcome reception

Friday 30 August

07:00h Opening of registration desk

08:00-09:00h Plenary session
Auditorium 1
New developments in the approach to chronic heart failure

09:00-10:00h Parallel session
Auditorium 1
Chronic thromboembolic pulmonary hypertension: A new entity
- Diagnosis and medical therapy
- Pulmonary endarterectomy and pulmonary angioplasty
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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
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</table>
| 09:00-10:00h | **Parallel session**<br>Changing the paradigm of hospital care  
• Co-management of surgical patients  
• Hospital at home | Auditorium 2 |
| 10:00-10:30h | **Coffee break / Poster discussion / Young Internists Corner** | |
| 10:30-11:30h | **Plenary session**<br>The impact of artificial intelligence on the future of healthcare | Auditorium 1 |
| 11:00-11:30h | **Parallel session**<br>Hot topics in liver disease  
• From NAFLD/NASH to autoimmune hepatitis  
• Acute on chronic liver failure | Auditorium 1 |
| 11:30-12:30h | **Parallel session**<br>The hospital in the context of health and social network  
• European perspective  
• American perspective | Auditorium 2 |
| 12:30-13:30h | **Lunch** | |
| 13:30-14:30h | **Parallel session**<br>“Looking for Phoenix” – Dealing with burnout | Auditorium 1 |
| 13:30-14:30h | **Parallel session**<br>A new look at the cardiovascular risk factors and hypertension  
• New cardiovascular risk factors: Clinical relevance  
• New perspective of hypertension management | Auditorium 2 |
| 14:30-15:30h | **Parallel session**<br>Update on stroke  
• What is new in medical approach to stroke?  
• Vascular intervention in stroke | Auditorium 1 |
| 14:30-15:30h | **Parallel session**<br>ICT and knowledge in the future of healthcare  
• How ICT should be exploited in healthcare?  
• How to provide clinical relevant information at the point-of-care? | Auditorium 2 |
15:30-16:00h  Coffee Break / Poster Discussion / Young Internists Corner

16:00-17:00h  Parallel session  Auditorium 1
Update on autoimmunity
• Treat-to-target in SLE: Where are we?
• ANCA-associated vasculitis

16:00-17:00h  Parallel session  Auditorium 2
Cancer immunotherapy: Challenges for the internist
• Immunotherapy as a powerful innovation
• Clinical management of adverse effects

17:00-18:00h  Parallel session  Auditorium 1
What can we expect of the impact of environmental changes on health?

17:00-18:00h  Parallel session (Young Internists session)  Auditorium 2
Drug management in 2050 – A glimpse to the future
• State-of-the-art and innovations in drug delivery treating challenging conditions in Internal Medicine

Saturday  31 August

07:00h  Opening of registration desk

08:00-09:00h  Plenary session  Auditorium 1
Doctor-patient communication
• How communication with patients and families are essential to good decisions?
• How to communicate bad news?

09:00-10:00h  Parallel session  Auditorium 1
From hospital-acquired infections to the problem of multiresistance
• What strategies can be used to prevent hospital-acquired infections?
• Implementing antibiotic stewardship in hospitals to reduce AMR and HAI

09:00-10:00h  Parallel session  Auditorium 2
Update in rare diseases
• Clinical genetics in rare diseases
• Emerging treatments in rare diseases
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<tr>
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<tr>
<td>10:00-10:30h</td>
<td>Coffee break / Poster discussion / Young Internists Corner</td>
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<tr>
<td>10:30-11:30h</td>
<td><strong>Plenary session</strong>&lt;br&gt;The surprising world of patient innovation</td>
<td>Auditorium 1</td>
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<tr>
<td>11:30-12:30h</td>
<td><strong>Parallel session</strong>&lt;br&gt;New imaging techniques for the internist</td>
<td>Auditorium 1</td>
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<td>• New boundaries of liver imaging: The MR shift from morphology to function</td>
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<td>• Endoscopic ultrasound</td>
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<td>11:30-12:30h</td>
<td><strong>Parallel session</strong>&lt;br&gt;Hot topics in blood disorders</td>
<td>Auditorium 2</td>
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<td></td>
<td>• Multiple myeloma</td>
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<td>• Oral anti-coagulation in the real world</td>
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<td>12:30-13:30h</td>
<td>Lunch</td>
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<td>13:30-14:00h</td>
<td><strong>Parallel session</strong>&lt;br&gt;Hot topics in diabetes</td>
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<td>• Diabetes and heart failure</td>
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<td>• Advances in the treatment of diabetes</td>
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<tr>
<td>13:30-14:00h</td>
<td><strong>Parallel session</strong>&lt;br&gt;Perspectives in internal medicine from the other side of the Atlantic</td>
<td>Auditorium 2</td>
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<td>14:30-15:00h</td>
<td><strong>Parallel session</strong>&lt;br&gt;How to recognize autoinflammatory syndromes?</td>
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<td>14:30-15:00h</td>
<td><strong>Parallel session</strong>&lt;br&gt;Top five rated abstracts</td>
<td>Auditorium 2</td>
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<td>15:30-16:00h</td>
<td><strong>Plenary session</strong>&lt;br&gt;FDIME Research Grant Award Ceremony and FDIME Best Poster Award Ceremony</td>
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<td>• EJCRIM and Young Internists Best Case Report Ceremony</td>
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<td>16:00-17:00h</td>
<td><strong>Closing session</strong> (Young Internists session)&lt;br&gt;Closing Lecture: Heath care in the social media era</td>
<td>Auditorium 1</td>
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<td>Closing Remarks</td>
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Please submit your abstract at:
www.efim.org/ecim2019/eposters

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<th>DATES TO REMEMBER</th>
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<tr>
<td>Online Registration and Housing Opening</td>
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<tr>
<td>Online Abstract Submission Opening</td>
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<td>Early Registration Deadline</td>
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<td>E-poster Submission Deadline</td>
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<td>Regular Registration Deadline</td>
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<td><strong>August 15, 2019</strong></td>
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