

18th



EFIM

European Federation of Internal Medicine

European Congress of **INTERNAL MEDICINE**

29-31 August, 2019

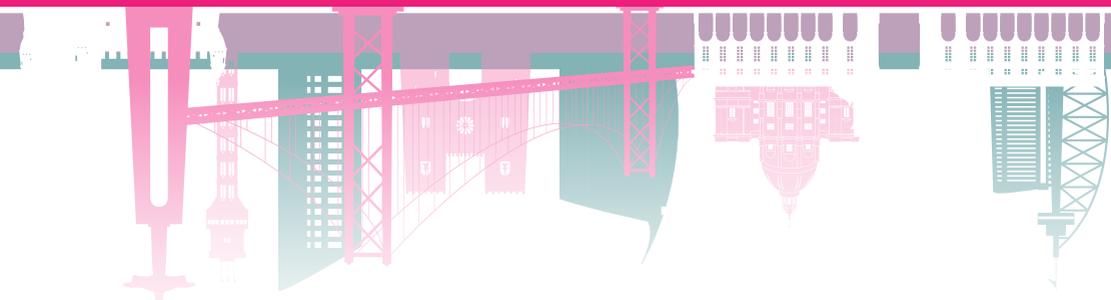
Lisbon

President of ECIM 2019: Luís Campos, Lisbon, Portugal

EFIM President: Nicola Montano, Milan, Italy



**Innovation in Health Care:
New Opportunities for Internal Medicine**



Scientific Program

www.efim.org/ecim2019

WELCOME

Join us for the 18th European Congress of Internal Medicine in Lisbon 2019!

Dear Colleague,

On behalf of the European Federation of Internal Medicine, it is our pleasure and privilege to invite you to the 18th European Congress of Internal Medicine, which will take place at the Lisbon Congress Centre, from 29 to 31 August 2019.

The theme of the congress is “Innovation in Health Care: New Opportunities for Internal Medicine”.

The choice of this theme was motivated by our belief that the demographic evolution, super-specialization trends in medicine and the escalating healthcare costs underscores the importance of a specialty with the characteristics of internal medicine, including the broad scope, patient-centred care and cost-conscious approach.

We have created an exciting program that balances challenging clinical topics with emerging innovations in medical care related to the theme of the congress. Excellent speakers will update our knowledge in a wide spectrum of areas in internal medicine and open new horizons for our specialty.

ECIM 2019 will also provide an excellent opportunity to share successful experiences and network with peers.

Voted as Europe’s leading destination, Lisbon is a trendy multicultural and multi-ethnic city with a unique light, beautiful buildings and streets, and excellent food and wine.

Throughout its history, Lisbon has been a point for convergence of civilizations. It is our wish that ECIM 2019 will be the meeting place for all internists across Europe and worldwide.

Welcome to ECIM 2019 in Lisbon! We will make you will feel at home!



Nicola Montano, MD, PhD
EFIM President



Luís Campos, MD, MSc, FACP (Hon)
President of ECIM 2019

COMMITTEES



President of ECIM 2019

Luís Campos, Portugal

EFIM President

Nicola Montano, Italy

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Congress Venue

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Praça das Indústrias, 1300-307

Lisbon, Portugal



LOCATION AND CONGRESS VENUE

Lisbon

The capital of Portugal lies on the north bank of the Tagus Estuary, on the European Atlantic coast. It is the westernmost city in continental Europe. Greater Lisbon has an area of approximately 1,000 km².

The city lies more or less in the centre of the country, approximately 300 km from the Algarve in the south and 400 km from the northern border with Spain. Lisbon offers a wide variety of options to the visitor, including beaches, countryside, mountains and areas of historical interest only a few kilometers away from the city centre.



Congress Venue – Lisbon Congress Center

The ECIM 2019 will take place at Lisbon Congress Centre, a pleasant and modern location, specially designed to hold large scale events of different kinds. The building offers lecture halls of different sizes, an attractive exhibition area as well as a number of rooms for spontaneous small scale meetings.

With the Tagus River nearby and close to the prestigious area of the Belém historical quarter, Lisbon Congress Centre is about 15 minutes drive from the city centre with its high number of hotels and restaurants.



ADDITIONAL INFORMATION

Registrations

	Early Bird Fee Until July 01, 2019	Regular Registration Fee Until August 15, 2019
Member	€ 350.00	€ 400.00
Non-Member	€ 400.00	€ 450.00
Young Internists and Students	€ 200.00	€ 250.00
Exhibitor	€ 100.00	
Fast Assessment Diagnostic Ultrasound	€ 150.00	
Hands-on course in non-invasive ventilation	€ 150.00	
Antibiotic therapy in clinical practice	€ 150.00	
Less is More course	Free	
Quality of care, patient safety and doctor-patient communication	€ 75.00	
Obesity Management Task Force Course Obesity Disease Treatment	Free	

Registration fee includes:

- Admission to the scientific sessions
- Congress material
- Lunches and coffee-breaks
- Welcome cocktail
- Certificate of attendance

Registration cancellations:

- Any cancellations must be sent in written to ana.pais@admedic.pt;
- Up to August 15, 2019 | A handling fee of € 50.00 is due;
- From August 16, 2019 onwards | A full invoice amount will be charged

Registrations for the conference must be made online at <http://www.efim.org/ecim2019/>.

For any questions regarding group registrations or online registration process, please contact Ad Médico: Ana Pais | Email: ana.pais@admedic.pt | Phone: (+351) 218429710

Hotel Accommodation

Guest rooms have been reserved at special congress rates in various hotels in the surroundings of the congress venue and in the city centre.

For information and/or reservation please visit <http://www.efim.org/ecim2019/> or send an email to paula.gomes@admedictours.pt

SCIENTIFIC PROGRAM

Thursday 29 August



08:00h Opening of registration desk

Pre-congress Courses

09:00-17:00h **C1: Fast Assessment Diagnostic Ultrasound**

09:00-17:00h **C2: Hands-on course in non-invasive ventilation** (Limited to 28 participants)

Coordinators

Piedade Amaro (Portugal) and *Marco Fernandes* (Portugal)

Faculty

Piedade Amaro (Portugal), *Marco Fernandes* (Portugal), *Ricardo Pinho* (Portugal), *Elsa Sousa* (Portugal), *Tiago Leonor* (Portugal)

Learning objectives

- 1) Characterize acute respiratory failure and its pathophysiology.
- 2) Recognise the indications and contraindications for non-invasive ventilation (NIV).
- 3) Learn how to operate the ventilator and the equipment needed to start NIV:
 - a. Know the main differences between “intensive care ventilators” and NIV dedicated ventilators;
 - b. Recognize the usefulness and limitations of the features on the new generation of NIV ventilators: oxygen supplementation, leak compensation and monitoring;
 - c. Recognize the importance of the humidification of inspired gases, especially in intensive care ventilators;
 - d. Acknowledge the significance of the exhalation port in single circuit ventilators;
 - e. Distinguish exhalation ports from anti-choking devices;
 - f. Know how to connect oxygen enrichers in single circuit ventilators;
 - g. Know how to program the main ventilation modes and to set the alarms appropriately;
 - h. Learn the clinical importance of the pressure ramp and of the inspiratory and expiratory triggers.
- 4) Know how to choose an interface and how to adjust it to the patient:
 - a. Identify the advantages and disadvantages of full-face, oro-nasal and nasal masks;
 - b. Understand the role of leaks in NIV success;
 - c. Recognize and deal with leaks
- 5) Know how to capture the patient’s confidence to start NIV.
- 6) Know how to apply the necessary monitoring in NIV: a. Acknowledge the need to establish the most appropriate place to start, according to the severity and risk factors of each patient.
- 7) Raise awareness to the meaning of an “early start” and “early recognition of NIV failure”.
- 8) Recognise the importance of patient-ventilator synchrony.
- 9) Learn how to adjust ventilator parameters based on the patient’s response.

Methodology

*Lectures; Practical sessions with the ventilator-hands on;
Clinical case scenario discussion.*

Evaluation

Theoretical knowledge assessment: The final evaluation consists in the answer to a questionnaire with 100 questions (“true” or “false” response). The successful completion of the Non-Invasive Ventilation Course implies correct answer to at least 75% of the questions.

Programme

08:20-08:35h	Course presentation
08:35-09:05h	Acute respiratory failure
09:05-09:35h	Oxygen therapy and Introduction to NIV – Indications and contraindications
09:35-10:20h	Ventilatory modalities I
10:20-10:35h	Coffee break
10:35-11:20h	Ventilatory modalities II
11:20-11:50h	Ventilatory interfaces and the logistics necessary to apply NIV in the acute setting
11:50-12:20h	Workshop: Patient-ventilator synchrony
12:20-13:30h	Lunch
13:30-15:30h	Practical session: Hands-on: knowing the material and programming the ventilator in different clinical situations
15:30-17:00h	Clinical case scenario: NIV in acute respiratory failure
17:00-17:30h	Theoretical knowledge assessment
09:00-17:00h	C3: Antibiotic therapy in clinical practice

09:00-17:00h	C4: Quality of care, patient safety and doctor-patient communication (Limited to 30 participants)
Coordinators	<i>Matthias Raspe</i> (Germany), <i>Mine Durusu</i> (Turkey) and <i>Monica Bivol</i> (Norway)
Programme	
09:00-09:05h	Welcome and introduction <i>Luís Campos</i> (Portugal)
09:05-09:45h	Concepts and determinants of quality of care and patient safety in healthcare (Introduction in the fields of quality of care and patient safety) <i>Luís Campos</i> (Portugal)
09:45-10:30h	Tools to improve quality of care and patient safety (Presentation of practical tools to evaluate, monitor and improve quality of care and patient safety in healthcare) <i>Reinhard Strametz</i> (Germany)
10:30-10:45h	Coffee break
10:45-11:30h	The human factor (This session covers the various causes of medical errors and what we can learn from them) <i>Amie Burbridge</i> (England)
11:30-12:15h	Treat first, what kills first (The most relevant threats to patient safety in internal medicine) <i>Monica Bivol</i> (Norway)
12:15-13:00h	Lunch
13:00-13:45h	Tuning the safety environment in the wards and keeping the team in (The role of leadership and team work for improving quality of care and patient safety) <i>Mine Durusu Tanriover</i> (Turkey)
13:45-14:30h	Improving health literacy (How to communicate evidence and risks in an era of patient-centered care) <i>Reinhard Strametz</i> (Germany)
14:30-14:45h	Coffee break
14:45-16:30h	Communication – The alpha and omega of quality in healthcare (A session with practical parts to learn about essential communication skills for establishing an effective doctor-patient relation and safe care environment) <i>Fátima Seabra</i> (Portugal)
16:30-17:00h	Course evaluation and closing remarks <i>Matthias Raspe</i> (Germany)

13:00-17:00h

C5: Less is More course

13:00-17:00h

C6: Obesity Management Task Force Course Obesity Disease Treatment

Coordinator

Dror Dicker (Israel)

Learning objectives

- 1) Recognise that obesity is a chronic relapsing disease that has a multifactorial aetiology and multiple health consequences.
- 2) Appreciate patient perspectives and the significant issues of weight bias and stigma.
- 3) Appreciate clinical evaluation techniques and be cognisant of the effectiveness of various interventions including dietary, physical activity, behavioural, pharmacological and surgical approaches.
- 4) Be familiar with a variety of evidence-based and patient-centred tools and methods that can assist and enhance the implementation of weight management programmes.

Programme

13:00-13:30h

Clinical evaluation of the patient with obesity disease in the Internal Medicine department

Daive Carvalho (Portugal)

13:30-14:00h

How to prepare the patient to life style changes

Amy Ahern (UK)

14:00-14:30h

Medical nutrition therapy

Paula Freitas (Portugal)

14:30-15:00h

Evidence based physical activity prescriptions

Antonio Palmeiras (Portugal)

15:00-15:30h

Coffee break and free discussion

15:30-16:00h

Pharmacotherapy of Obesity Disease

Dror Dicker (Israel)

16:00-16:30h

Bariatric Surgery: Indication and options

Alex Miras (UK)

16:30-17:00h

Post Bariatric Surgery follow up – Internist point of view

Luca Busetto (Italy)

17:00-17:10h

Conclusion

17:30-19:00h

Opening session

Auditorium 1

Opening remarks

Luís Campos (Congress chair, Portugal), *Nicola Montano* (President of EFIM, Italy) and *Marta Temido* (Health Minister, Portugal)

Opening lecture: The internist as a maestro

Joana Carneiro (Portugal)

Exhibition Hall

19:00-20:30h

Welcome reception



07:00h	Opening of registration desk	
08:00-09:00h	Plenary session New developments in the approach to chronic heart failure <i>Stefan Anker</i> (Germany)	Auditorium 1
09:00-10:00h	Parallel session Chronic thromboembolic pulmonary hypertension: A complex entity <ul style="list-style-type: none">• Diagnosis and medical therapy <i>Marion Delcroix</i> (Belgium)• Pulmonary endarterectomy and pulmonary angioplasty <i>Eli Fadel</i> (France)	Auditorium 1
09:00-10:00h	Parallel session Changing the paradigm of hospital care <ul style="list-style-type: none">• Co-management of surgical patients <i>Eduardo Montero Ruiz</i> (Spain)• Hospital at home <i>Sophia de Rooij</i> (Germany)	Auditorium 2
10:00-10:30h	Coffee break / Poster discussion / Young Internists Corner Young Internists Corner Make Internal Medicine great again: Bridging the two sides of the ocean <i>Robert McLean</i> (USA) and <i>Xavier Corbella</i> (Spain)	Exhibition Hall
10:30-11:30h	Plenary session The impact of artificial intelligence on the future of healthcare <i>Don Detmer</i> (USA)	Auditorium 1
11:30-12:30h	Parallel session Hot topics in liver disease <ul style="list-style-type: none">• From NAFLD/NASH to autoimmune hepatitis <i>George Dalekos</i> (Greece)• Acute on chronic liver failure <i>John O'Grady</i> (U.K.)	Auditorium 1

11:30-12:30h	<p>Parallel session (Joint session EFIM-ACP)</p> <p>The hospital in the context of health and social network</p> <ul style="list-style-type: none"> • European perspective <i>Xavier Corbella</i> (Spain) • American perspective <i>Robert M. McLean</i> (U.S.A.) 	Auditorium 2
12:30-13:30h	Lunch	
13:30-14:30h	<p>Parallel session (Young Internists Session)</p> <p>“Looking for Phoenix” – Dealing with burnout</p> <ul style="list-style-type: none"> • The endemic of burnout and how should we respond <i>Kristina Glise</i> (Sweden) • The importance of the work-life balance <i>Ewelina Biskup</i> (China/Switzerland) 	Auditorium 1
13:30-14:30h	<p>Parallel session</p> <p>A new look at the cardiovascular risk factors and hypertension</p> <ul style="list-style-type: none"> • New cardiovascular risk factors: Clinical relevance <i>José Delgado Alves</i> (Portugal) • New perspective of hypertension management <i>Ehud Grossman</i> (Israel) 	Auditorium 2
14:30-15:30h	<p>Parallel session</p> <p>Update on stroke</p> <ul style="list-style-type: none"> • What is new in medical approach to stroke? <i>Patrik Michel</i> (Switzerland) • Vascular intervention in stroke <i>Mikael Mazighi</i> (France) 	Auditorium 1
14:30-15:30h	<p>Parallel session</p> <p>Challenges in the future of healthcare</p> <ul style="list-style-type: none"> • How to achieve patient centered care? <i>Rijk Gans</i> (Netherlands) • How to provide clinical relevant information at the point-of-care? <i>António Vaz Carneiro</i> (Portugal) 	Auditorium 2

15:30-16:00h	<p>Coffee Break / Poster Discussion / Young Internists Corner</p> <p>Young Internists Corner Exhibition Hall</p> <p>Hidden curriculum: Mentoring the next generation of doctors <i>Rijk Gans</i> (The Netherlands) and <i>Kristina Glise</i> (Sweden)</p>
16:00-17:00h	<p>Parallel session Auditorium 1</p> <p>Update on autoimmunity</p> <ul style="list-style-type: none"> • Treat-to-target in SLE: Where are we? <i>Ricard Cervera</i> (Spain) • ANCA-associated vasculitis <i>Loic Guillevin</i> (France)
16:00-17:00h	<p>Parallel session Auditorium 2</p> <p>Cancer immunotherapy: Challenges for the internist</p> <ul style="list-style-type: none"> • Immunotherapy as a powerful innovation <i>Sergio Abrignani</i> (Italy) • Clinical management of adverse effects <i>Juan Martin-Liberal</i> (Spain)
17:00-18:00h	<p>Parallel session Auditorium 1</p> <p>Doctor-patient communication</p> <ul style="list-style-type: none"> • How communication with patients and families are essential to good decisions? <i>António Carneiro</i> (Portugal) • What is the impact of technology in doctor-patient communication? TBC
17:00-18:00h	<p>Parallel session (Young Internists session) Auditorium 2</p> <p>Drug management in 2050 – A glimpse to the future</p> <ul style="list-style-type: none"> • State of the art and innovations in drug management for treating challenging conditions in Internal Medicine <i>Emanuele Durante-Mangoni</i> (Italy) and <i>Ieva Ruža</i> (Latvia)



07:00h	Opening of registration desk	
08:00-09:00h	Plenary session The impact of environmental changes on health <ul style="list-style-type: none">• The dimension of the problem and the WHO recommendations <i>Diarmid Campbell Lendrum</i>• What can the healthcare professionals do? <i>Nicholas Watts</i> (U.K.)	Auditorium 1
09:00-10:00h	Parallel session From hospital-acquired infections to the problem of multiresistance <ul style="list-style-type: none">• What strategies can be used to prevent hospital-acquired infections? TBC• Implementing antibiotic stewardship in hospitals to reduce AMR and HAI <i>Serhat Unal</i> (Turkey)	Auditorium 1
09:00-10:00h	Parallel session Update in rare diseases <ul style="list-style-type: none">• The patient's genome – A clinical tool for the physician <i>Idit Maya</i> (Israel)• Emerging treatments in rare diseases <i>Maria Domenica Capellini</i> (Italy)	Auditorium 2
10:00-10:30h	Coffee Break / Poster Discussion / Young Internists Corner Young Internists Corner Publish or perish: Tips and tricks for your next paper <i>Giancarlo Agnelli</i> (Italy)	Exhibition Hall
10:30-11:30h	Plenary session The surprising world of patient innovation <i>Pedro Oliveira</i> (Portugal)	Auditorium 1
11:30-12:30h	Parallel session The undiagnosed patients of our clinical practice <ul style="list-style-type: none">• How to recognize autoinflammatory syndromes? <i>Helen J. Lachmann</i> (U.K.)• How to recognize hereditary immunodeficiencies in the adult? <i>Steve Holland</i> (U.S.A.)	Auditorium 1

11:30-12:30h	<p>Parallel session</p> <p>Hot topics in blood disorders</p> <ul style="list-style-type: none"> • Multiple myeloma <i>Sigurdur Yngvi Kristinsson</i> (Iceland) • Oral anti-coagulation in the real world <i>Ginancarlo Agnelli</i> (Italy) 	Auditorium 2
12:30-13:30h	Lunch	
13:30-14:30h	<p>Parallel session</p> <p>Hot topics in diabetes</p> <ul style="list-style-type: none"> • Diabetes and heart failure <i>Ricardo Gómez Huelgas</i> (Spain) • Advances in the treatment of diabetes <i>Giorgio Sesti</i> (Italy) 	Auditorium 1
13:30-14:30h	<p>Parallel session</p> <p>Perspectives in Internal Medicine from the other side of the Atlantic</p> <ul style="list-style-type: none"> • The hospitalist revolution in USA <i>Gretchen A. Diemer</i> (U.S.A.) • Internal Medicine in South America <i>Manuel Klein</i> (Argentina) 	Auditorium 2
14:30-15:30h	<p>Parallel session</p> <p>New imaging techniques for the internist</p> <ul style="list-style-type: none"> • New boundaries of liver imaging: The MR shift from to function <i>Filipe Caseiro Alves</i> (Portugal) • Endoscopic ultrasound TBC 	Auditorium 1
14:30-15:30h	<p>Parallel session</p> <p>Top five rated abstracts</p>	Auditorium 2
15:30-16:00h	<p>Plenary session</p> <ul style="list-style-type: none"> • FDIME Research Grant Award Ceremony and FDIME Best Award Ceremony • EJCRIM and Young Internists Best Case Report Ceremony 	Auditorium 1
16:00-17:00h	<p>Closing session (Young Internists session)</p> <p>Closing Lecture: Heath care in the social media era <i>Vasi Radulescu</i> (Romania) and <i>Nicola E. Rüegsegger</i> (Switzerland)</p> <p>Closing Remarks</p>	Auditorium 1



Please submit your abstract at:
www.efim.org/ecim2019/eposters

DATES TO REMEMBER

Online Registration and Housing Opening	Already opened
Online Abstract Submission Opening	Already opened
Abstract Submission Deadline	April 30, 2019
Authors Notification	May 30, 2019
Early Registration Deadline	July 01, 2019
E-poster Submission Deadline	August 01, 2019
Regular Registration Deadline	August 15, 2019