9th International Congress
OF INTERNAL MEDICINE

Organizers:

INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE

DEPARTMENT OF MEDICINE & RESEARCH LABORATORY OF INTERNAL MEDICINE
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE
Director: Professor G.N. Dalekos

In cooperation with:

HELENIC ASSOCIATION FOR THE STUDY OF THE LIVER
HELENIC STROKE ORGANIZATION

Endorsed by:

EUROPEAN FEDERATION OF INTERNAL MEDICINE
FOUNDATION FOR THE DEVELOPMENT OF INTERNAL MEDICINE IN EUROPE

Under the auspices of the:
MINISTRY OF HEALTH, GREECE

UNIVERSITY OF THESSALY MEDICAL SCHOOL,
LARISSA, GREECE

March 9-11, 2017
Hilton Athens Hotel
Athens, Greece

www.internalmedicine-uth.gr

The Congress will be submitted to be approved with CME credits by the EACCME of the UEMS

PRELIMINARY PROGRAM
**ORGANIZING COMMITTEE**

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**Members:**
- K. Krapis
- K.P. Makaritsis
- C. Mandros
- G. Ntaios

**SCIENTIFIC COMMITTEE & FACULTY MEMBERS**

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<td>C. Marañón</td>
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In cooperation with:

HELLENIC ASSOCIATION FOR THE STUDY OF THE LIVER

HELLENIC STROKE ORGANIZATION

BOARD OF THE HELLENIC ASSOCIATION FOR THE STUDY OF THE LIVER
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Endorsed by:

EUROPEAN FEDERATION OF INTERNAL MEDICINE

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Under the auspices of:

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UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE
## PRELIMINARY SCIENTIFIC PROGRAMME

**Thursday, March 9, 2017**

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<th>Time</th>
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<td><strong>ORAL PRESENTATIONS</strong></td>
<td><strong>Chairpersons</strong>: TBA</td>
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<td>10:30 - 11:00</td>
<td><strong>STATE-OF-THE-ART LECTURE</strong></td>
<td><strong>Chairperson</strong>: Dimitrios Samonakis (Heraklion, Greece)</td>
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<td>11:00 - 11:30</td>
<td><strong>Coffee break</strong></td>
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<tr>
<td>11:30 - 13:00</td>
<td><strong>ROUND TABLE</strong></td>
<td><strong>Chairperson</strong>: Moses Elisaf (Ioannina, Greece)</td>
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<td></td>
<td>Hypolipidemic treatment: What is new?</td>
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<td>13:00 - 14:00</td>
<td><strong>SYMPOSIUM</strong></td>
<td><strong>Chairperson</strong>: Alberto Zanchetti (Milan, Italy)</td>
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<td>Intensive blood pressure control</td>
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### 09:00 - 10:30 ORAL PRESENTATIONS

**Chairpersons**: TBA

### 10:30 - 11:00 STATE-OF-THE-ART LECTURE

**Chairperson**: Dimitrios Samonakis (Heraklion, Greece)

*Importance of European registries on rare liver diseases: The paradigm of autoimmune hepatitis*

**Rodrigo Liberal** (London, UK)

### 11:00 - 11:30 Coffee break

### 11:30 - 13:00 ROUND TABLE

**Chairperson**: Moses Elisaf (Ioannina, Greece)

*Hypolipidemic treatment: What is new?*

**Should we treat everyone above 60 years with a statin?**

**Chris J. Packard** (Glasgow, UK)

*Familial hypercholesterolemia diagnosis and treatment: Can we perform better?*

**G. Kees Hovingh** (Amsterdam, The Netherlands)

*PCSK9 inhibition: What is hot in 2017?*

**Terje Rolf Pedersen** (Oslo, Norway)

### 13:00 - 14:00 SYMPOSIUM

**Chairperson**: Alberto Zanchetti (Milan, Italy)

*Intensive blood pressure control*

**Pros**

**Michel Burnier** (Lausanne, Switzerland)

**Cons**

**Alberto Zanchetti** (Milan, Italy)
PRELIMINARY SCIENTIFIC PROGRAMME

Thursday, March 9, 2017

14:00 - 14:30  SATELLITE LECTURE

14:30 - 16:00  Leisure time

16:00 - 17:30  ROUND TABLE
Stroke etiology and management
Hellenic Stroke Organization

Chairpersons: Jose Ferro (Lisbon, Portugal)
George Ntaios (Larissa, Greece)

Stroke in the young
Jukka Putaala (Helsinki, Finland)

Drug-induced stroke
Jose Ferro (Lisbon, Portugal)

Can we predict thrombolysis-associated symptomatic intracranial hemorrhage?
Daniel Strbian (Helsinki, Finland)

Management of intracranial artery stenosis
Christian Weimar (Essen, Germany)

17:30 - 18:00  SATELLITE LECTURE
Thursday, March 9, 2017

18:00 - 19:30  ROUND TABLE  
Heart and stroke  
Hellenic Stroke Organization

Chairpersons: Heinrich Mattle (Bern, Switzerland)  
Konstantinos Spengos (Athens, Greece)

Patent foramen ovale in cryptogenic stroke:  
Closure, antiplatelets or anticoagulants?  
Heinrich Mattle (Bern, Switzerland)

Optimal strategy for detection of atrial fibrillation in patients with cryptogenic stroke  
Martin Kohrmann (Erlangen, Germany)

Acute treatment in patients with acute ischemic stroke treated with oral anticoagulants  
George Ntaios (Larissa, Greece)

19:30 - 19:45  Break

19:45 - 21:00  OPENING CEREMONY

Welcome

Inaugural Lecture  
Improving health care by innovations and clinical research  
Daniel Sereni (Paris, France)  
President of the Foundation for the Development of Internal Medicine in Europe (FDIME)

21:00  WELCOME RECEPTION
08:30 - 10:00 ORAL PRESENTATIONS

Chairpersons: TBA

10:00 - 11:30 ROUND TABLE

Obesity: From epidemiology to treatment

Chairpersons: Hermann Toplak (Graz, Austria)  
Peter Nilsson (Malmo, Sweden)

Epidemiology, definition and diagnosis of obesities
Hermann Toplak (Graz, Austria)

Obesity, impaired glucose metabolism and vascular changes
Peter Nilsson (Malmo, Sweden)

Mechanisms of obesity induced hypertension
Vasilios Kotsis (Thessaloniki, Greece)

Novel drugs in the treatment of obesity
Jens Jordan (Hannover, Germany)

10:00 - 11:30 ROUND TABLE

Advances in viral hepatitis management
Hellenic Association for the Study of the Liver

Chairpersons: Stephanos J. Hadziyannis (Athens, Greece)  
John Koskinas (Athens, Greece)

Chronic hepatitis B: Discontinuation of oral antivirals
Stephanos J. Hadziyannis (Athens, Greece)

Chronic hepatitis C: Challenges in special populations
Heiner Wedemeyer (Hannover, Germany)

Chronic hepatitis delta: An update
Cihan Yurdaydin (Ankara, Turkey)
PRELIMINARY SCIENTIFIC PROGRAMME

Friday, March 10, 2017

11:30 - 12:00  E-poster viewing/Coffee Break

12:00 - 13:30  ROUND TABLE
New developments in diabetes mellitus
Hellenic Diabetes Association

Chairpersons: Nikolaos Papanas (Alexandroupolis, Greece)
George Dimitriadis (Athens, Greece)

Novel approaches to manage dyslipidaemia, NAFLD and CV risk in type 2 diabetes
Manfredi Rizzo (Palermo, Italy)

Silent myocardial ischaemia in diabetes:
New developments
Paul Valensi (Paris, France)

Diabetic neuropathy: New developments in early diagnosis and treatment
Dan Ziegler (Düsseldorf, Germany)

12:00 - 13:30  ROUND TABLE
Treatment innovations in rheumatic diseases

Chairpersons: Loic Guillevin (Paris, France)
Yves Renaudineau (Brest, France)

Treatment of ANCA-associated vasculitis: Questions and concerns
Loic Guillevin (Paris, France)

Biological-targeted treatments in giant cell arteritis and eosinophilic granulomatosis with polyangiitis (Churg-Strauss)
Maxime Samson (Dijon, France)

Primary Sjögren’s syndrome: How to improve specific treatment?
Yves Renaudineau (Brest, France)

Axial spondyloarthritis and psoriatic arthritis: Emerging treatment strategies
Menelaos N. Manoussakis (Athens, Greece)
PRELIMINARY SCIENTIFIC PROGRAMME

Friday, March 10, 2017

13:30 - 14:00 SATELLITE LECTURE

14:00 - 15:30 E-poster viewing/Leisure time

15:30 - 16:30 SYMPOSIUM
Staphylococcal infections

**Chairperson:** Serhat Unal (Ankara, Turkey)

Choosing antibiotics in difficult to treat staphylococcal infections

**Francesco Menichetti** (Pisa, Italy)

Optimizing treatment strategies in S. aureus bacteremia

**Serhat Unal** (Ankara, Turkey)

16:30 - 17:00 STATE-OF-THE-ART LECTURE

**Hellenic Stroke Organization**

**Chairperson:** Konstantinos Vemmos (Athens, Greece)

Transient ischemic attack and minor strokes: Definition, diagnosis, imaging and natural history

**Pierre Amarenco** (Paris, France)

17:00 - 17:45 SATELLITE SYMPOSIUM

17:45 - 18:15 E-poster viewing/Break
18:15 - 19:45  **ROUND TABLE**

**Internal Medicine in the 21st century**

*European Federation of Internal Medicine (EFIM)*

*Chairpersons: Pier Mannucio Mannucci (Milan, Italy)*

*George N. Dalekos (Larissa, Greece)*

- European Curriculum of Internal Medicine
- **Runólfur Pálsson** (Reykjavik, Iceland)

Choosing wisely: To be or not to be - that’s the question

*Nicola Montano (Milan, Italy)*

The role of EFIM publications for trainees and specialists

*Pier Mannucio Mannucci (Milan, Italy)*

19:45 - 20:15  **STATE-OF-THE-ART LECTURE**

*Chairperson: George Ntaios (Larissa, Greece)*

Selecting the appropriate antithrombotic strategy in atrial fibrillation

*Gregory Lip (Birmingham, UK)*

20:15 - 21:00  **SATELLITE SYMPOSIUM**
PRELIMINARY SCIENTIFIC PROGRAMME

Saturday, March 11, 2017

08:30 - 09:30  ORAL PRESENTATIONS

Chairpersons: TBA

09:30 - 11:00  ROUND TABLE

Global health security: Threats and opportunities

Chairpersons: Christos Hadjichristodoulou (Larissa, Greece)
              Ioannis Baskozos (Athens, Greece)

Global health and population movements
Varvara Mouchtouri (Larissa, Greece)

The role of points of entry (ports, airports, ground, crossings) in global health security
Daniel Lins Menucci, WHO Headquarters (Lyon, France)

The impact of the International Health Regulations 2005 in global health security
Thomas Hofmann, WHO Euro (Copenhagen, Denmark)

The role of European Union in the global health security
TBA

09:30 - 10:30  SYMPOSIUM

Acute kidney injury after abdominal surgery

Chairperson: Runólfur Pálsson (Reykjavik, Iceland)

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Saturday, March 11, 2017

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<td>11:30 - 12:00</td>
<td>E-poster viewing/Coffee break</td>
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<td>12:00 - 13:30</td>
<td><strong>ROUND TABLE</strong>&lt;br&gt;Autoimmune cholestatic liver diseases&lt;br&gt;Chairpersons: Gideon Hirschfield (Birmingham, UK), Henk R. van Buuren (Rotterdam, The Netherlands)</td>
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<td>13:30 - 14:00</td>
<td><strong>STATE-OF-THE-ART LECTURE</strong>&lt;br&gt;Chairperson: Nikolaos K. Gatselis (Larissa, Greece)</td>
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### Preliminary Scientific Programme

**Saturday, March 11, 2017**

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<td>16:00 - 17:30</td>
<td><strong>Round Table</strong></td>
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<td>Highlights in intensive care unit (ICU) infections</td>
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<td><em>Chairperson: George Dimopoulos (Athens, Greece)</em></td>
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<td>Prevention of ventilator-associated pneumonia (VAP): Could be realistic? <em>Stijn Blot (Ghent, Belgium)</em></td>
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<td>Reducing the antifungal drugs consumption in the ICU <em>Philippe Montravers (Paris, France)</em></td>
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<td>Fighting multi-drug resistant (MDR) pathogens in the ICU <em>Murat Akova (Ankara, Turkey)</em></td>
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<td>16:00 - 17:30</td>
<td><strong>Round Table</strong></td>
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<td>NAFLD - NASH: From pathogenesis to treatment</td>
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<td><em>Chairpersons: Vlad Ratziu (Paris, France) Emmanuel A. Tsochatzis (London, UK)</em></td>
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<td>Steatosis and metabolic risk factors: Who is at risk of liver disease progression <em>Mattias Ekstedt (Linköping, Sweden)</em></td>
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<td>NAFLD genetics <em>Quentin Anstee (Newcastle, UK)</em></td>
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<td>Non-invasive assessment of liver fibrosis in NAFLD <em>Emmanuel Tsochatzis (London, UK)</em></td>
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<td>Novel pharmacotherapy options for NASH <em>Vlad Ratziu (Paris, France)</em></td>
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PRELIMINARY SCIENTIFIC PROGRAMME

Saturday, March 11, 2017

17:30 - 18:00 STATE-OF-THE-ART LECTURE

Chairperson: Spyridon Dourakis (Athens, Greece)

The coagulopathy of chronic liver disease
Pier Mannucio Mannucci (Milan, Italy)

18:00 - 19:00 SYMPOSIUM

Lymphocyte disruptions in autoimmune diseases

Chairperson: Yves Renaudineau (Brest, France)

Diagnostic accuracy of lymphocyte subset profiling in autoimmune diseases
Christoph Jamin (Brest, France)

Myeloid populations are altered in systemic autoimmune diseases
Concepción Marañón (Granada, Spain)

18:00 - 19:00 SYMPOSIUM

Practical guidelines for diagnosis, management and outcome of drug-induced liver injury (DILI)

Chairperson: Annarosa Floreani (Padova, Italy)

Diagnostic evaluation of suspected DILI
Ynto de Boer (Amsterdam, The Netherlands)

Management and outcome of DILI in patients with or without chronic liver disease
Alexandra Alexopoulou (Athens, Greece)

19:00 - 19:30 Coffee Break

19:30 - 21:00 SATELLITE SYMPOSIUM