EFIM Young Internists Assembly
and 6th Young Internists Day,
Madrid, October 2012

The European Young Internists Assembly convened in Madrid in October this year, in conjunction with the EFIM Administrative Council meeting and the joint European Federation of Internal Medicine (EFIM) and the Spanish Society of Internal Medicine (SEMI) congress.

Young Internists first obtained a voice within EFIM through the formation of a subcommittee in 2005, and in 2010 the Young Internists Assembly followed, allowing wider participation, as each member society of EFIM is encouraged to send a physician in training as their representative. The Young Internists’ mission is to create a network of physicians in training in Europe, facilitate research projects and educational activities and encourage representation of physicians in training at national level. The assembly now comprises representatives from 20 EFIM member countries, and is currently chaired by Dr Lenka Bosanska.

Dr Bosanska opened the Assembly by introducing the current Young Internists subcommittee (Carla Araujo, Frauke Weidanz, Ieva Ruza, Monique Slee-Valentijn and Xavier Roux) and summarising Young Internists’ activities over the last six months. The rare diseases project is completed and will be published soon, the work-life balance survey is about to be piloted and the error-reporting survey is being finalised and will be circulated amongst assembly members. Young Internists continue to contribute to all EFIM working groups – the ‘exchange’ working group has started the pilot and the first six residents have returned from a period of working and living in another European country. The political issues working group is finalising a position statement on “The new face of Internal Medicine”, and the ‘common competencies in Europe’ working group is about to submit their work for publication.
New Young Internists projects were discussed: a possible survey on approaches to preventive medicine/screening programmes, and the possibility of organising ultrasound courses for European residents in Internal Medicine were discussed. Young Internists will contribute to the new EFIM Communications subcommittee, concentrating on the redesign of the website, and will continue to facilitate workshops at the European Schools of Internal Medicine. The assembly closed with a discussion round on national Young Internists group activities and some final preparations for the 6th Young Internists day.

The 6th Young Internists Day was organised by the YI subcommittee and held as part of main congress programme on 25th October. It attracted an audience of over 160, and was well received. Highlights were the clinical gymnasium with lively discussions around the three clinical cases, and the outstanding talk on “cognitive error in clinical decision making” by Dr Kees van den Berge. Planning for the next Young Internists day at the European Congress of Internal Medicine in Prague in October 2013 is already underway!

Anybody interested in getting more involved than just coming to our Young Internists’ Days: Have a look at the Young Internists’ website at http://younginternists.efim.org, or apply to attend one of the European Schools of Medicine through the RCP, who is promoting links with EFIM and encourages trainees to take advantage of Young Internists activities.

Frauke Weidanz, November 2012
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