

ESIM Summer School Sardinia 2015

Another excellent European Summer School of Internal Medicine has taken place in Costa Rei, Sardinia. It was yet another summer intensive course of internal medicine, combined with a strong facilitation for empowering young internists in their careers and enabling networking, pan-european experience exchange and debates that shape the future of our specialty.

The Italian Society of Internal Medicine (SIMI) has once more organized and carried out an outstanding event, with a fine mélange of an excellent scientific program, humor and team spirit. The compassion of the participating professors met the inquisitiveness of the residents. Efficient lectures, workshops and group discussions reached everyone despite heterogeneous educational backgrounds and professional levels. The enthusiasm of all parties was tactile and very inspiring.

The great success of this year ESIM is a result of several factors and their harmonic confluence:

Participants

Residents from all over Europe have been selected and awarded the participation in the Summer School and represented their countries in a admirable way, be it through case presentations that always reflected on the health care systems in the country, be it through small group discussions, where specific problems were debated and major differences in several aspects of medical care across Europe have been communicated. The participants contributed actively to all sessions and each country has presented one case during the course week. A full list is to be found here: <http://www.esim2015summer.org/esim2015-programme/esim-2015-resident-list/>

Organization Team

Under the lead of Prof. Nicola Montano, the organizing team was intensively preparing the scientific and frame program, and coordinated the smooth process at the venue. EFIM was also represented by Dr. Frank Bosch (EFIM president), who also co-coordinated the event, and Dr. Ewelina Biskup (EFIM Young Internists). Members of the Italian Young Internists group (GIS) were a crucial part of the team: Dr. Lorenzo Falsetti, prof. Valeria Raparelli and Dr. Alberto M. Marra. The entire team showed a tremendous passion for the entire course, being alert and involved, committed to a correct and pleasant flow of the course.

Scientific program

The program was carefully prepared and offered the participants a variety of topics. Already the reception day set off the standards for further days: opening lecture of malaria by perhaps the most diligent experts: Prof. Carcassi. Excellent lectures were held by leading specialists. Topics were reaching from universal subjects like acid-

base disturbances (Prof.Gans), anemia diagnostics (Prof.Cappellini), syncope (Prof. Costantino, Prof.Montano) and sepsis (Prof.Coen), to rare diseases (Prof. Dagna) and acute sickle cell crisis (Prof.Capellini). One of the main themes was medical errors. It has been elaborated in frontal lectures “To err is human” (Prof. Akalin-former ESIM director), “Diagnostic errors in acute medicine” (Dr.Bosch), “Errors as health system failures” (Prof.Gans), “Errors in guidelines” but also in various workshops (Dr. Marra, Prof. Raparelli, Dr. Falsetti, Dr. Biskup) and a provocatively honest interview with Dr.Bosch. Additional highlights were provided – Meet the Expert sessions and Pro-Cons debates lead by the founders of our current knowledge on anticoagulation: Prof.Agnelli and Prof.Pujol, and Morbidity and Mortality sessions (Dr.Rigby, Prof.Dagna, Prof.Pujol). Last but not least, clinical case presentations of each of the countries were a daily pearl of the program.

Social program

Beyond the intensive scientific work, participants were offered a social program to network, get inspired by the EFIM spirit and to get an impression of the local scenery. The last evening in added to the personal flavour of the week.

Conclusion

Yet another Summer School reflected the beauty and creativity enforced by EFIM. This international, interactive and truly inspiring event was enriched by tremendous efforts and academic excellence of the teachers. For more information and pictures see here: <http://www.esim2015summer.org>

And to see our summarizing video, please click here:

<https://www.facebook.com/lorenzodagna/videos/o.1610780395870244/10207267311940514/?type=2&theater>

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on behalf of Young Internists Subcommittee