



EUROPEAN FEDERATION OF INTERNAL MEDICINE

GENERAL ASSEMBLY & ADMINISTRATIVE COUNCIL MEETING

On: Saturday, 27 September 2014, Tartu, Estonia

Minutes

General Assembly

1. Apologies and Welcome (Nica Cappellini)

Nica Cappellini thanked the Estonian society for organising EFIM AC meeting and welcoming EFIM members in Tartu.

2. Report of the President (Nica Cappellini)

Nica reflected on the two past years giving an overview of the successes and challenges of her presidency. An important move was ending the contract with MCI and establishing EFIM office. Nica spoke about the launch of the new Website, 2 highly successful Congresses and 4 excellent Schools were highlights over the past 2 years. Nica mentioned the continuous EFIM promotion at different events and highlighted EFIM involvement within the European Medicines Agency and at the EU Commission Expert Group on Rare Diseases. Nica has given particular and constant support to the Young Internists and all members of the Administrative Council hope that Nica will remain involved in EFIM activities for many years to come.

3. Report of the Secretary General (Pedro Conthe)

Pedro Conthe, Secretary General, presented a review of activities but focussed mainly on the Executive's plans and the work done for future European Congresses. The members of ECIM subcommittees were presented including the survey carried among the subcommittee members focusing primarily on the results from the survey. Pedro mentioned Chris Davidson's opinion about the future of the congress was taken strongly into consideration.

4. Report of the Treasurer (Faustino Ferreira)

Faustino presented his last report as a Treasurer and thanked the EC committee for the intensive support given in the past 8 years. Faustino is very happy to contribute to the positive results of EFIM for 2014. Faustino gave an overview of the EFIM expenses and current financial state of the organisation. Thanks to the very good returns from the Spanish Congress and improvement with EJIM updated contract, the EFIM account balance is positive and will support the future developments of the organisation.

Faustino presented the EFIM Annual accounts for 2013.
Members of the Administrative council approved EFIM Accounts for 2013.

Faustino presented the draft budget for 2015.
Members of the Administrative council approved the Budget for 2015.

5. Granting Discharge from liability of EC members for the accounting ended at 31 December 2013

EFIM Executive Committee members were granted discharge by the members of the Administrative Council for the accounting which ended 31 December 2013.

6. Any other business

None

7. Next Meeting

Next GA meeting will take place in Moscow, during ECIM Congress from 14 - 16 October 2015.

Administrative Council

1. Apologies and Welcome (Nica Cappellini)

Nica thanked Margus Lember for organising EFIM AC meeting and welcoming EFIM at in this beautiful town of Tartu. Nica welcomed the members of the Administrative Council in Tartu and announced the names of the AC members who sent their apologies:

- Peck-Radosavljevic Markus, Pilger Ernst, Watzke Herbert & Roithinger Franz Xaver - Austrian Society of Internal Medicine.
- Lacor Patrick - Belgian Society of Internal Medicine
- Kaoulla Irene - Cyprus Federation of Internal Medicine
- Ceska Richard - Czech Society of Internal Medicine
- Bosanska Lenka - Czech Society of Internal Medicine/DGIM
- Petterson-Fernholm Kim - Finnish Society of Internal Medicine
- Guillevin Loïc - French Society of IM
- Mans Michael - German Society of Internal Medicine
- Raptis Sotirios & Katsilambros Nicholas - Hellenic Society of Internal Medicine
- Dicker Dror - Israeli Society of Internal Medicine
- Mannucci Pier - EJIM, ITALY
- Lejnieks Aivars - Latvian Society of internal Medicine
- Kucharz Eugene Joseph - Polish Society of Internal Medicine
- Kinova Sona - Slovakian Society of Internal Medicine
- Vidali Primoz - Slovenian Society of Internal Medicine
- Akalin Erdal - Turkish Society of Internal Medicine
- Durusu Tanriover - Royal College of Physicians
- Davidson Christopher ESIM, UK
- Casademont Pou Jordie - Spanish Society of Internal Medicine

Present: Please find list of the present attendees attached.

2. Minutes of the Administrative Council Meeting, Geneva May (N Cappellini)

Minutes from EFIM Administrative council meeting held in Geneva on 10 May 2014 were approved by the members of the Administrative Council.

3. EFIM Activities - progress: EFIM new registered office (N Cappellini)

EFIM new registered office with the current address at:

Grensstraat 7, 1831 Diegem (Brussels), Belgium

has been approved by the members of EFIM Administrative Council.

4. Election EFIM Treasurer and EFIM President Elect. Candidates Treasurer: Antonio Martins Baptista, candidates President Elect: Runolfur Palsson (N Cappellini, P Conthe)

Nica invited Runolfur Palsson to present his candidacy for a President Elect.

Runolfur Palsson is a President of the Icelandic Society of Internal Medicine since 2001 and have represented the society in EFIM and the UEMS Section of Internal Medicine for the past decade. He is a Secretary of the UEMS Section of Internal Medicine and the Vice-President of the section. Runolfur is a core member of the European Board of Internal Medicine.

Runolfur presented his strategy focusing on further development of successful EFIM projects like ESIM and EJIM, developing strategies to increase the attendance of internists throughout Europe at the congress, enhancing the collaboration with the UEMS Section of Internal Medicine through EBIM and promoting internal medicine practices in Europe and increasing the profile of EFIM in the European countries.

Pedro asked Runolfur to elaborate further his plans on promoting EFIM in Europe and Iceland. Runolfur replied that the funds are limited in Iceland but the society is trying hard to improve and develop further the internal medicine in Iceland and in Europe.

Nica invited to Antonio to present his candidacy for EFIM Treasurer Position.

Antonio has been very closely involved in ESIM activities as ESIM Director in Portugal from 2006 - 2008, ESIM Co-Director from 2009 - 2011 during ESIM summer in the United Kingdom. He is a Founder and first coordinator of Exchange working group and a Member of the new ESIM advisory board.

Antonio is confident that his strategy will contribute to the steady growth of EFIM finances and will place EFIM and internal medicine in the target of Health investors.

- Voting President Elect: Administrative Council voted Runolfur Palsson with unanimous vote for the position of EFIM President Elect for the duration of 2 years.
- Voting Treasurer: Administrative Council voted Antonio Martins Baptista unanimous vote for the position of EFIM Treasurer for the duration of 2 years.

Their mandate won't be remunerated.

5. Handover Presidency (N Cappellini and F Bosch) - introduction EFIM Business Plan

Frank thanked the Executive committee for their support in the past year and offered small gift to Nica as a token of appreciation.

AC members welcomed Frank as EFIM president, acknowledged and thanked Nica for the great achievements in the past two years.

Frank recognised the great contribution from Nica, Faustino and Ramon and thanked them for all their efforts put into EFIM.

Frank outlined the business plan for the next 2 years and a model for raising the

profile of EFIM reviewing the move to the new EFIM offices and the significant advantages that come with it including meeting rooms, access to support services including, legal, accounting and IT services. A thorough overview of the objectives of the website highlighting the potential benefits of the site and the requirement for further investment of time and resource to reach its full potential.

Karena raised a question of website advertising as an option for generating more revenue for EFIM however Frank was not in favour of this option.

Frank introduced the new WG working on the current issues of internal medicine in Europe and presented the mutual agreement with ACP which will be officially signed by both parties during the ACP congress in Boston.

Nicola added that he is in favour of organising the new WG but the voice has to be heard outside, within the EU community mainly because multimorbidity, polypharmacy and overdiagnosis being actual subjects.

Furthermore, Frank presented the 1st Thematic session on overdiagnosis to be held in Brussels inviting the Presidents of the national societies.

Roger added to this the importance of selling the concept of EFIM outside, focusing on the importance on the work done and the financial accept.

Nicola suggested contacting sponsors from insurance companies, hospitals, and focusing on building a relationship with our stakeholders, concentrating on the strategies. All the suggestions have been taken into an account for improving EFIM future.

Results from the proposed Business plan will be presented to the AC members in an Annual Report.

6. Handover Treasurer (F Ferreira and new Treasurer)

Antonio took over the position of EFIM Treasurer officially and thanked Faustino for all the work done on monitoring and managing EFIM finance successfully over the past 8 years.

7. Updates - EFIM new website (RD)

Roger presented the functionalities on the new EFIM website focusing on the register with the new website part as access point to EJIM currently listing 2389 users, welcoming all AC members to join and explore EFIM website. Roger presented the latest issues of the newsletter which will focus mostly on EFIM website functionalities, which will be circulated to the members of the societies after the Estonia meeting. Roger asked the members of Administrative Council to send their feedback and suggestions of the news they would like to see on EFIM website requesting to actively promote and inform their societies' members.

8. EBIM project (Rijk Gans UEMS)

Rijk presented the progress on EU curriculum after the three meetings held with the representatives from the EU Curriculum project including 3 representatives from EFIM, 3 from the UEMS Section of Internal Medicine and 2 from the Young Internists Assembly. Rijk gave an update on the timeline and the objectives completed and focused on the competencies looked from 50 different countries. Example was taken from Can Meds 2015, which is adopted by countries on 5 continents making it the world's most recognized and most widely applied physician competency framework. Rijk showed the Specific domains of Expertise:

- Patient safety and Quality of Care
- Collaborative Care
- Medical Leadership
- Multi morbidity and aging
- Acute care

- Medical consultations
- 3 Scenarios are possible:
- IM training & qualification
 - IM and Subspecialty training with qualification in both 6 years
 - Common trunk in internal medicine for subspecialty training with qualification in the subspecialty only.

Timeline of the project is estimated 2 years with a draft after 3 - 4 meetings. Next meeting will take place in Amsterdam in November.

Rijk informed the AC members that there will be a face to face meeting organised with the representatives from European Regions, aiming for approval by the UEMS Council at the meeting in October of 2015.

Dowdle Rhidian specified that it is not just the competence but also an expert which takes time to develop. The project should be focused on countries who have less training in years to do additional years.

Pedro congratulated Rijk on the hard work, and mentioned that Internal Medicine is facing difficulties, which might cause 2 Years Common Trunk not to be appreciated adding that in Europe an internist must have 5 years of education to be recognized.

9. Progress of the subcommittees:

- ECIM Subcommittee and ECIM 2016 project (P Conthe)
Pedro presented the results from the ECIM subcommittee survey during his Secretary General report.
- Communication Subcommittee (F Bosch)
No new updates given.
- EU Affairs Subcommittee (N Cappellini)
Nica presented the progress during her President report.
- ESIM Subcommittee - Please find the report from Dr. Shirley Rigby, ESIM Subcommittee Chair attached.
- EFIM Research subcommittee
Ramon gave presentation, on the progress of the Research subcommittee. Please find EFIM Research Subcommittee report attached.

Pedro suggested adding alternative topic for research such as developing working groups on the diseases prevalent serving practitioners across Europe (such as diabetes, heart failure and thromboembolic disease...etc) and not only focused on the elderly. In Spanish society this fact stimulated strongly the society and involved young internists. Gualberto Gussoni added that research is right direction for EFIM. EFIM has to implement the discussion and pursue the opportunities.

Margus raised a question whether all EU countries can contribute on how to promote Research? Margus added that EFIM needs some strategy on how to develop internal medicine fields, going into the direction for EFIM future congresses.

10. Progress Report EJIM (K Grundy)

Karena presented the progress on EJIM informing the AC members on continued growth in submissions, anticipating that if average continues, the journal will receive around 800 submissions by end 2014. There is an increase in submissions from Taiwan and France, leading in numbers of submission is Italy followed by China, France and Turkey. Editorial times have already dropped further in 2014 by an average of 20% in comparison to the May report.

www.ejinme.com is actually showing double increase in 2014 average usage in comparison to 2013 full year which is due to the seamless access to members of EFIM National Societies. There is an Impact factor increase 12% since 2012 ranking EJIM as 37th in a row of 150 medical journals.

Karena introduced Share Links, the new link which is easier for authors to share than a PDF. Share Links should also lead to more visibility for journals, possibly leading to increased citations.

Interactive Clinical Insight - Pilot was presented together with Lorenzo promoting the flash card for educational process.

Karena presented the Reviewer recognition, a platform where reviewers can track their reviewer status & performance which offers recognition and opportunity to download a certificate or acknowledgement.

Karena asked the AC members to spread the word and actively promote the journal among their members.

11. Case Report Journal (S Malosio)

Silvia presented the progress on EJCRIM and gave Prof. Mannucci's apology who was not able to attend this meeting. Silvia mentioned that Prof. Mannucci is very excited about the increased impact factor of EJIM.

Silvia introduced Dr. John Kelett, the Editor in chief of EJCRIM and passed his apology for not being able to present the progress of ECJRM in Estonia.

There are 36 articles published out of 84 submitted, the future objectives are to have 100 manuscripts submitted with 20% yearly increase in manuscript submissions. A repository case report has been established. Submissions per country were presented with Italy leading followed by Spain, Portugal and Turkey.

EJCRIM is available through EFIM website and EJCRIM website currently.

Indexing are done through Google Scholar. The journal has been promoted on many occasions and at many events. Facebook links was opened in April - 10 likes on average within the 1st hour from publication were reached. Almost 400 user access EJCRIM through Facebook

EJCRIM allows networking between authors.

The following strategy for improving the circulation was presented:

- Link to National Societies websites welcome
- Dissemination of content on multiple online platforms
- Link exchange with Congress websites
- Inclusion of journal into aggregator platforms

Silvia is confident about the future of EJCRIM and asked the AC members to promote and inform the members of their societies about the online journal.

12. ESIM Report Summer School 2014 (N Montano)

Nicola Montano gave report on ESIM Summer School that took part in the Free Beach Club at Costa Rei, Sardinia on 15-21 June, 2014.

44 Residents out of 22 different countries took part in ESIM summer. FDIME has awarded 4 ESIM bursaries to YI from Albania, Serbia, Tunisia and Latvia. Nicola introduced the programme, the Board, the Tutors and presented the Keynote Speaker Dr. Richard Smith, former Editor of BMJ who gave presentation on the Less is More initiative.

Link to the ESIM video can be viewed here:

http://www.esim2014.org/?page_id=387 .

Detailed report from ESIM summer 2014 written by Dr. Chris Davidson is attached for your convenience.

Nicola informed the AC members that the next ESIM Summer 2015 will take place in

Sardinia 7 - 13 of June. Frank asked whether the Italian society is willing to host ESIM Summer for in 2016. Nicola replied that the board of the Italian society is reviewing the possibility and are very enthusiastic about offering this possibility to EFIM YI. Nicola will get back with official communication once the decision is being final.

13. ESIM winter 2015 (I Ruza)

Ieva Ruza presented the progress of ESIM 2015 winter school to take place in Riga, Latvia from 25 - 31 January 2015. The school will contain the same format. Programme will be mixture of scientific and social. The school has been established as Non-profit society "European School of Internal Medicine in Riga" holding separate account and management. The school will take place at the Welton Elephant hotel located in Riga which offers different meeting and accommodation possibilities. Societies intend to send 29-31 participants. Ieva presented the deadline for the FDIME bursary to end 10 October and informed the AC members that detailed information will follow on the official ESIM Winter website <http://www.esim2015.org/>. Ieva asked the AC members to share the information among their societies and support residents for the school.

14. Upcoming congresses: Moscow 2015 (V Kokorin)

Presentation was given Anatoly Martynov, and Valentin Kokorin. Congress will take place at Crokus Expo centre 14 - 16 October. Valentin introduced the theme of the congress: Internal Medicine without Borders. Website is already functional on: <http://www.efim2015.org/>. Valentin presented the timeline of the congress as follows:

- Website opening and start of registration - May 2014
- Preliminary scientific program - October 2014
- Request names of Abstract Reviewers from EFIM National Society Members - September 2014
- Abstract submission deadline and finalized programme - May 2015
- Abstract decisions e-mailed to authors - June 2015
- End of early registration - mid August 2015
- Online registration closes - end of September 2015

And introduced the Structure of the Organizing committee. Valentin proposed EFIM AC meeting to take place on Wednesday 14 October, followed by the registration and the opening ceremony of the congress. On Thursday, 15 October the scientific programme will take place combining the social activities. Scientific programme will follow on Friday 16 followed by official closing of the congress. More details on the congress can be found on the presentation available on EFIM website: <http://www.efim.org/about/administrative-council/minutes/ac-documents-minutes-tartu-2014>. Valentin invited all AC members to come and enjoy Moscow during the ECIM 2015 congress and asked the representatives to promote the congress among the members of their societies and on the societies' websites.

15. Clinical Research Course 2014 (D Sereni)

Daniel gave brief presentation on the Clinical Research course that took place in Paris from 7 - 9 July. The Clinical Research Course is sponsored by Amgen. Daniel informed the members that 17 Young Internists from 13 countries attended the Seminar to progress their career in Clinical Research. The programme included talks and workshops by international experts on different topics including: Clinical Trial Practice, Clinical Research on Rare Diseases, Clinical Epidemiology, How to Write and How to Analyse a Clinical Paper etc.

The clinical research course scored excellent results 3.5 on 4.

16. FDIME Report (D Sereni)

Daniel presented the main activities of the Foundation focusing on the ESIM and Exchange bursaries, Clinical Research Course and the Research grants given for the study of rare diseases. The Research grant for the study of rare diseases in adults for 2014 was attributed to Dr Aguiar, from Portugal. The work of 2012 recipient, Dr S. Audia from France will be published in the Journal Blood. The Foundation supported 6 YI to attend ESIM Winter and ESIM Summer from low income countries. Daniel presented the new assets on the Board of FDIME with Jan Willem Elte as Secretary General, Romy Alig, as administrative secretary, Nica Cappellini, Lorenzo Dagna, Lenka Bosanska and Carla Araujo as members of the board.

17. Young internists (C Araujo)

Carla gave the presentation on YI activities and the very productive meeting that the YI held in Estonia. A select group of enthusiastic Young Internists attended and several new projects were discussed: acute care, end-of-life decisions and generic prescribing. YI hope to publish information on EFIM website about the structure of Internal Medicine training in different European countries, and give tips for those hoping to work abroad.

18. Exchange Programme (C Araujo)

Carla gave an update on the great progress that the Exchange group has made in the past year evolving very well with 20 scholarships last year and hoping to maintain the same number of scholarships with help of EFIM and Foundation the year 2015.

Frank congratulated the members of the Exchange programme for developing this further. In future support, this activities will be supported by the EFIM secretariat in the future.

19. Report Rare Diseases WG (L Dagna)

Lorenzo presented the activities of the Rare Diseases WG focusing on the Position Paper of the Rare Diseases working group of EFIM, futures objectives and the work of the Commission Expert Group on Rare Diseases of the EU Commission. EFIM is the contact point for the following Professional Societies: European Society of Human Genetics, European Hematology Association, and European Academy of Paediatric in the EU commission expert group on rare diseases. Lorenzo presented the proposed activities for the Rare Diseases including the EU survey on how internists deal with rare diseases, EU School for rare diseases and Childhood to Adulthood transition project. Funding for these project can be enquired within the EU commission, Horizon 2020 Framework programme. Lorenzo propose methodological point of view on the proposed Rare Diseases activities. Nica pointed out that distinction has to be made between internists and experts when selecting the topic for a good position paper.

20. Report Professional Issues and Quality of Care WG (M Kramer)

Mark presented the members Professional Issues and Quality of Care WG. He informed the AC members that the WG held fruitful discussion during their meeting in Estonia. The following progress has been presented:

The Professional Issues and Quality of Care WG finalized a position paper on 'General internal medicine in academia' which will be submitted for publication in the European Journal of Internal Medicine.

The WG initiated a first draft on 'Quality standards in Internal medicine'

Mark Kramer asked the secretariat to publish the three position papers which are finalised by the WG on EFIM website - DONE.

Mark also mentioned the use the existing groups and the knowledge of the members of the WG for future EFIM project and establishments of new WG.

21. Adult Vaccination Project (S Unal)

Serhat gave presentation on the progress of ADVICE project and introduced the members of the WG. Serhat showed the progress update on the pilot studies informing the AC members that the surveys will be circulated among the EFIM member countries. Serhat introduced the Adult Vaccination Collaboration with the following organisations:

- IFA - The International Federation on Aging
- Supporting Active Ageing Through Immunisation (SAATI), Consensus Statement on Barriers & Call To Action
- The ESWI (The European Scientific Working Group on Influenza) conference, ESWI's objectives and actions
- ESWI Coalition forging Influenza and
- Consensus Statement from the European Society of Clinical Microbiology and Infectious Diseases on recommended immunisation schedules for adults and elderly to be completed by 31 December 2014.

22. Next AC Meeting Cyprus - 2014

Aneta presented the progress on EFIM spring meeting on behalf of the Cyprian Society of Internal medicine. Aneta gave the apology from the President and the Secretary General of the society who were not able to attend the meeting. EFIM AC Meeting will take place at Atlantica Aeneas Resort in Ayia Napa which is located 30 minutes from Larnaca airport. Paphos is another airport available on a distance of 2 hours from the hotel. The meeting was proposed to take place mid of April 2015 starting with an Executive committee dinner on Thursday, AC meeting on Friday and social activities on Saturday. However many AC members present were not available to attend the meeting in April. Therefore it was agreed to contact the Cyprus society of internal medicine and propose new dates 13 - 15 March. DONE.

AC members accepted and approved proposed dates of 13 - 15 March.

New dates for EFIM spring meeting were accepted by the Cyprian Society of Internal Medicine and published on EFIM website.

23. Any other items: to be notified to the Secretary General in advance of the meeting (e-mail: info@efim.org)

No other items were raised.