Foundation for the Development of Internal Medicine in Europe

FDIME

Activities 2020-21

Daniel Sereni
Président FDIME
FDIME Main activities

- offers ESIM Bursaries
- organizes with EFIM the Clinical Research Seminar
- Supports YI exchange program
- Supports poster prizes at ECIM
- Supports Research with annual grants
- Informs the public on health issues
Covid 19 years

Due to the Covid 19 pandemic some of FDIME activities had to be cancelled
– the annual Clinical Research Seminar in Paris initially scheduled in June 2020
– Bursaries for the 2020 ESIM
– Best Posters prizes at ECIM 2020
– Bursaries for the EFIM exchange program

During the virtual ECIM 2021 three abstracts were awarded as FDIME best research abstracts: Dr. Janine Rupp (Austria), Dr. Lata Bhandary (Ireland) and Dr Stephanie Zühlke (Norway)
Research Grants 2020

- 17 500 euros grant to Dr P. Wolf from Vienna to Paris
  Diagnostic Algorithm in excess of Growth Hormone

- 8750 euros grant to Dr M. Manzillotta from Milan to Karolinska University in Sweden
  Optimization of autoimmune pancreatitis treatment
Research Grants 2021

• 17 500 euros grant to Dr Benjamin Chaine (F)

Integrated proteomic analysis of blood B cells and skin fibroblasts in systemic sclerosis: toward proteomic B/F signatures of SSc patients.
at the Division of Medicine, Research Department of Inflammation Centre for Rheumatology and Connective Tissue Diseases at the University College London

• 17 500 euros grant to Dr Leonardo Bencivenga (I)

Role of frailty and polymorbidity on blood pressure variability in elderly.
at the Aging Gerontopole, Toulouse University Hospital
Clinical Research Seminar

• From 25 to 27 October 2021 In Paris
• All expenses covered by the Foundation

• 10 academic speakers (6 countries)
• One patient representative
• Participants
  – 32 applicants
  – 14 accepted
  – 6 countries
Clinical Research Seminar

topics

• Protection of persons in clinical research
• A patient’s representative point of view
• How to deal with sample size and power
• Clinical epidemiology
• How to build a clinical trial
• Research in rare diseases
• Genetic research in Iceland
Clinical Research Seminar topics

- Clinical research on obesity
- Analyzing a clinical paper
- High yield tips in grant application writing
- How to write a medical paper
- How to communicate with the public
- Short presentations of their own experience in research by all residents
Public Information Letters

13 newsletters dedicated to Covid 19 issues

• In plain language accessible to lay people
• Giving the opinion of European Internists
• On epidemiology, virus and mutants, clinical symptoms and complications, diagnosis, immune response, treatments, vaccines and prevention..

• Thanks to active participation of FDIME Council members
Circulation of the newsletters (FAQs)

- **Facebook** *(Numbers In average for each of 13 Newsletters)*
  - people reached 120,000
  - “Emoji’s” sent 2,150
  - written comment 15
  - shared pages 35

- **Mailchimp** *(Numbers In average for each of 13 Newsletters)*
  - 1000-1500 recipients,
  - 500-1500 opened,
  - 50-190 clicks

- **Website** *(www.fdime.org)*
Public Information Letters

What next?

• Probably move to other major health topics
• Enlarge our audience
• Associate new experts and writers
• Obtain more financial support from sponsors and the public

All Internists interested in joining this fascinating experience are warmly welcomed!