



**EFIM**  
www.efim.org

President: Prof. Nicola Montano (Italy)  
President Elect: Prof. Dror Dicker (Israel)  
Past President: Prof. Runolfur Palsson (Iceland)  
Secretary General: Prof. Xavier Corbella (Spain)  
Treasurer: Prof. Valentin Kokorin (Russian Federation)

## 5<sup>th</sup> EFIM Day – 15 March 2019

### Report

Around 80 participants, Presidents, Board Members and Young Internists gathered together to attend the 5<sup>th</sup> EFIM Day at the EFIM Headquarter in Brussels on 15 March.

The EFIM President, Prof. Nicola Montano welcomed the participants to the 5<sup>th</sup> EFIM Day and presented the Annual Report activities of 2018 concentrating on different achievements in the course of 2018 like extending EFIM membership with a new Associate Member from Lebanon, appointing new Editor-in-Chief for the European Journal of Internal Medicine, Prof. Giancarlo Agnelli and announcing the Pubmed indexation of the European Journal of Case Reports in Internal Medicine.

Prof. Montano highlighted the two congresses, ECIM 2018 in Wiesbaden and the upcoming congress, ECIM 2019 in Lisbon encouraging the participants to share the information with their societies and bring more congress delegates on board.

Furthermore Prof. Montano highlighted the importance of the European Affairs and EFIM's involvement in the European Health Summit in collaboration with EFPIA, leading EFIM as Advocate of Internal Medicine for patients and physicians in Europe in the future. Updates from the EFIM working groups meetings were presented informing the participants on the upcoming projects and the progress made during the past year.

Dr. Dror Dicker, the Chair of the Working Group on Critical Appraisal of Guidelines presented the methodology and the strategy of the working group following their 1<sup>st</sup> meeting with a decision to focus on two topics: "Atrial Fibrillation" and "Community Acquired Pneumonia", and to develop a methodological tool before the next ECIM 2019.

Dr. Dror Dicker, EFIM President Elect gave very interesting insight in the Perspective in Diabetes Drug Treatment focusing on innovative characteristics of the most recent available drugs.

The 5<sup>th</sup> EFIM Day focused on the hot topic, "Physicians' Burnout: Causes, Consequences, and Solutions, featuring a keynote lecture by Prof. Dr. Maria Panagioti from the Division of Population Health, Health Services and Primary Care at University of Manchester. The session was recorded, and it is available via the EFIM website for all the EFIM national societies members and EFIM website visitors.

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EFIM, Grensstraat 7, 1831 Diegem (Brussels), Belgium  
Registration Number: 458.833.358



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A very lively and empathic discussion followed, that was actually longer than the talk, witnessing the interest for the topic.

Ieva Ruza, the Chair of the EFIM Young Internists presented the activities of the Young Internists in the past year by informing the participants on the increased flow of the YI engagements via different working groups, EFIM congresses and other events. Ieva Ruza stepped down as the YI Chair during the EFIM Day acknowledging the EFIM Executive Committee, the Young Internists Subcommittee and all the people involved for the support given in the past 2 years.

An update from the European Board of Internal Medicine was given by Rijk Gans, the President of the UEMS Section of Internal Medicine and a President of the European Board of Internal Medicine (EBIM). Rijk shared his vision for launching EBIM Educational and Learning Center and investing in an EFIM Educational platform which will encourage the physician to join the community and share their knowledge.

Around 29 national societies representatives took active part in the discussions about current and future EFIM projects benefiting from the EFIM Day programme by exchanging ideas and making projects in different areas.

Prof. Montano thanked all the EFIM members and the societies representatives involved for their active participation, dedication and commitment shown. He said: "There is still plenty to be achieved in EFIM's development and I see our next year lined up with many successes and great achievements".

More information about the programme and a list of the presentations can be downloaded from the 5<sup>th</sup> EFIM Day page on the EFIM website.

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