As the RCP trainee representative at the European Federation of Internal Medicine (EFIM) and its trainee group, the European Young Internists, I attended the EFIM meetings and congress in Geneva in May 2014.

The European Young Internists Assembly has representation from almost all EFIM member countries, and is coordinated by a subcommittee. The Young Internists chair, Dr Carla Araujo from Portugal, and myself as the Young Internists Secretary, represent trainee views on the EFIM executive committee. Besides the specific roles of subcommittee members and assembly representatives, all trainees and young specialists from EFIM member countries are Young Internists 'members' and are encouraged to take part in all of our activities, which include:

- twice yearly European Schools of Internal Medicine
- a yearly Clinical Research Course
- Young Internists Days at the yearly EFIM congresses
- an active exchange programme
- EFIM working groups

as well as many opportunities to get involved in specific projects on an ad-hoc basis!

This year’s assembly, held in conjunction with the EFIM executive and administrative council meetings, was well attended and main topics of discussion included the group’s contribution to the planned pan-European curriculum in Internal Medicine, as well as updates on current multi-national projects. Ewelina Biskup from Switzerland was elected as a new subcommittee member.

On Friday 16th May we held our Young Internist Day at the European Congress of Internal Medicine, and presented a varied programme including guest lectures, interactive clinical cases and an ethical pro-con debate. The YI Days aim to be more interactive and engaging than the main congress programme and also offer trainees and young specialists the opportunity to present to an international audience. The feedback this year was very positive and we are already planning the next event – during the ECIM 2015 in Moscow! Apart from the opportunity to present at our YI Day, the congress will accept abstracts from trainees in many categories, including case reports – for details see www.efim2015.org.

The EFIM Young Internists group offers trainees the chance to meet like-minded people from other countries as well as providing access to events and scientific opportunities. Details on how to get involved are on our website at www.efim.org/young-internists - or find us on our Facebook page! It would be great to see many of you at one of our upcoming events - please do not hesitate to contact me directly with any queries.

Frauke Weidanz
Dr Frauke Weidanz
RCP trainee representative at the European Young Internists Assembly and EFIM Young Internists Secretary
fraukeweidanz@doctors.org.uk