

13 October 2023, Brussels

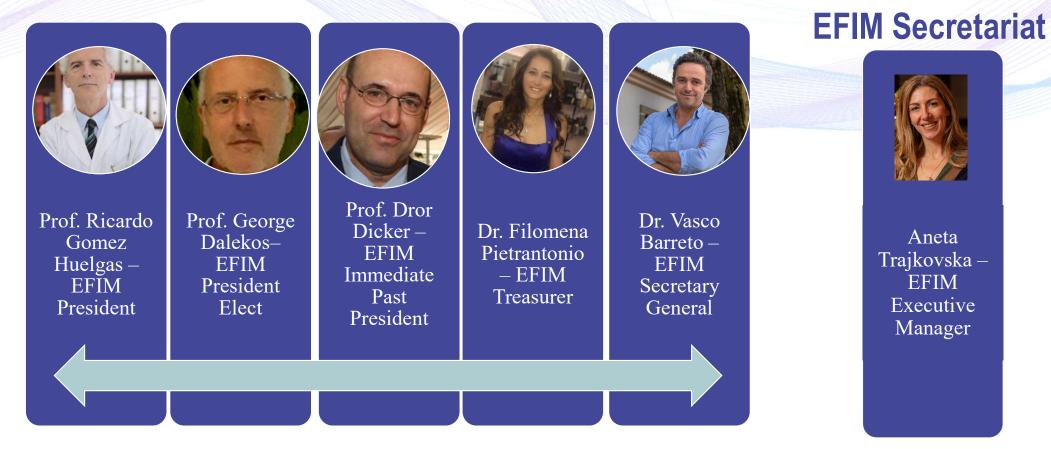
EFIM Activities 2023 – EFIM President, Prof. Ricardo Gómez Huelgas



EFIM Executive Committee

EFIM Executive Committee 2023





EFIM EC participation on nationals congresses and meetings

DGIM Congress

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Research and **Innovation** in **Internal Medicine**

September 21, 2023

Coordinated by:

#Bridge_Med2023

Prof Ricardo GOMEZ HUELGAS (Spain) President of the European Federation of Internal Medicine EFIM

Prof Filomena PIETRANTONIO (Italy) Treasurer of the European Federation of Internal Medicine EFIM Role Model: Medical Director, Mother, Voluntee Choir singer, Marathoni

eting 2023

Prof George DALEKOS (Greece) President elect of the European Federation of Internal Medicine EFIM Differential Diagnosis in Autoim

Prof Dror DICKER (Israel) Immediate past-President of the European Federation of Internal Medicine EFIM

Prof Serhat UNAL (Turkey) President of the Turkish Society of Internal Medicine TSIM

Assist Prof Caterina DELCEA Young Internists Chair of the European Federation of Internal Medicine EFIM

Mexican Congress 2023



EFIM EC participation on congresses and meetings

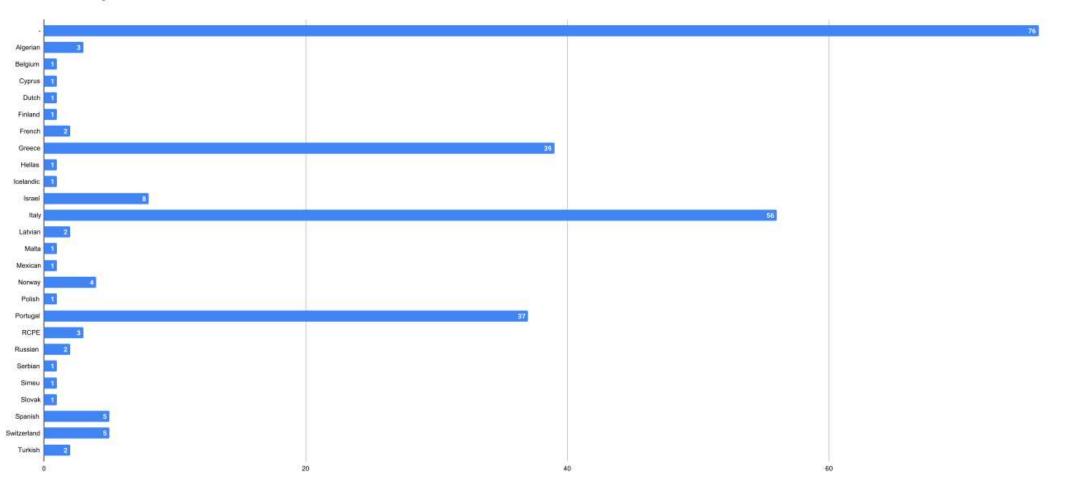




... upcoming joint session at the Argentinian Society Congress

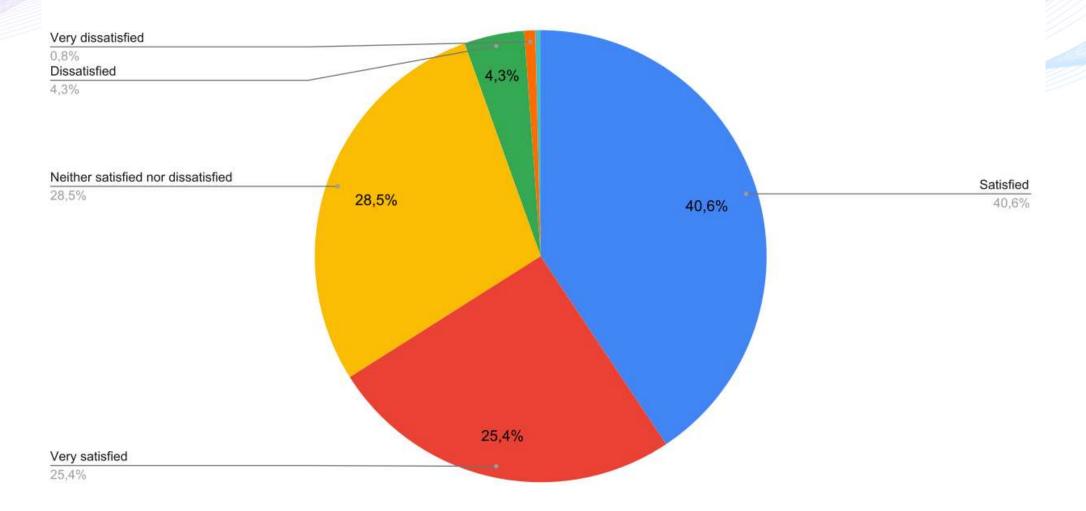
... and lots of Video conferences

National Society

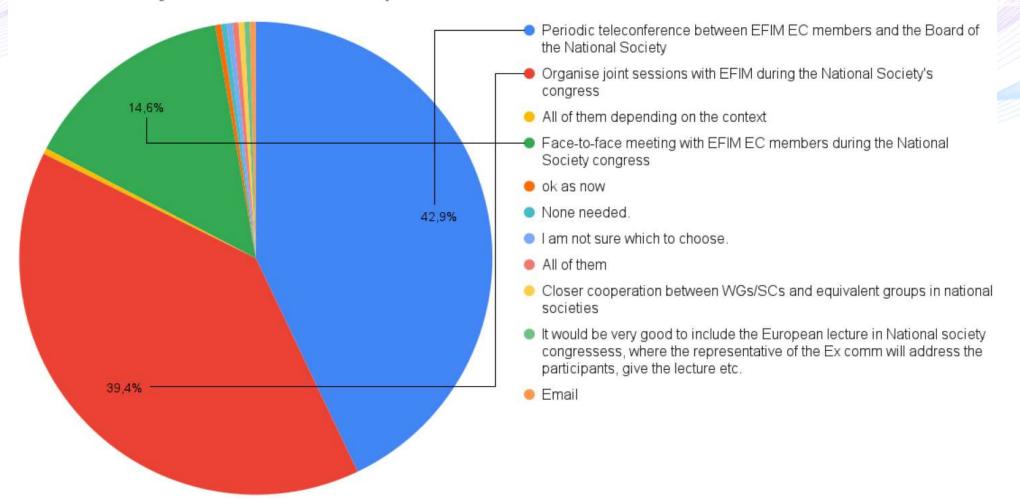


We received many suggestions that we are currently analyzing to address EFIM members requests .

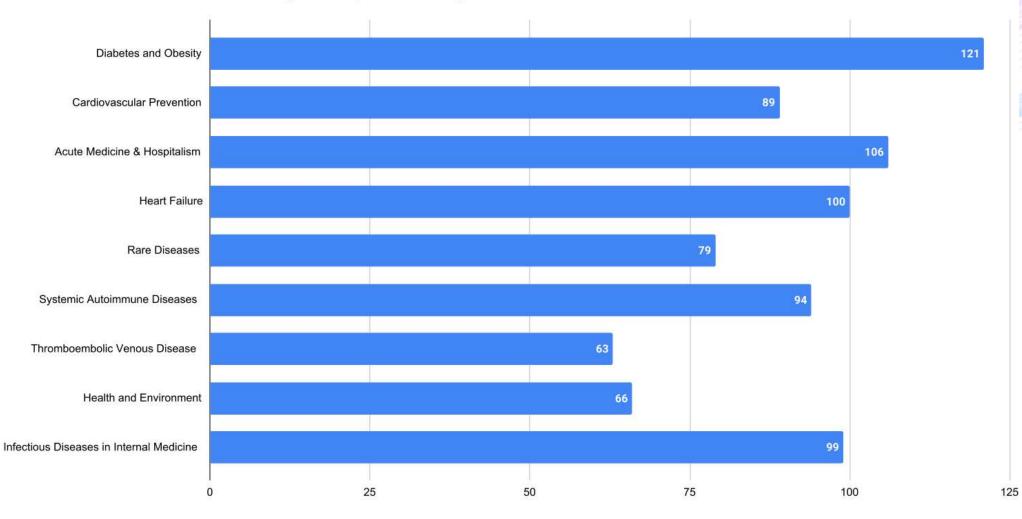
Are you satisfy with the level of communication between EFIM Secretariat, EC and your national society?



In order to improve the communication between EFIM and the national societies, which measures do you consider more important?



Which new Clinical Working Groups would you consider of interest?





Upcoming activities

Elections and Re-elections GA Istanbul

We will announce the election / re-elections for the Secretary General and Treasurer at the end of October for the new term of two years starting 2024 – 2026!

New Clinical Working Groups

We will launch the new Clinical Working Groups: - Diabetes and Obesity - Infectious Diseases in Internal Medicine - Acute Medicine and Hospitalism - Heart Failure

Joint sessions at national societies congresses 2024

We will organise joint session at national societies congresses - Several societies congresses will be selected

Event calendar available on EFIM website for all the national societies congresses promotion. Please send the dates to EFIM Secretariat!





Future activities

Potential Task Force Groups



We will launch the following Task Forces:

- Cardiovascular Prevention
- Systemic Autoimmune Diseases
- Rare Diseases
- Thromboembolic Venous Disease
- Health and Environment



EFIM Members

ORDINARY MEMBERS	Membership 2023		
National Society	Countries	N° members 2023	
Austrian Society of Internal Medicine	AUSTRIA	3214	
Belgian Society of Internal Medicine	BELGIUM	137	
Cyprus Society of Internal Medicine	CYPRUS	85	
Czech Society of Internal Medicine	CZECH REPUBLIC	1112	
Dutch Society of Internal Medicine	NETHERLANDS	2210	
Estonian Society of Internal Medicine	ESTONIA	99	
FADOI ITALY	ITALY	2753	
Finnish Society of Internal Medicine	FINLAND	949	
French Society of Internal Medicine	FRANCE	1005	
German Society of Internal Medicine	GERMANY	11799	
Hellenic Society of Internal Medicine	GREECE	707	
Icelandic Society of Internal Medicine	ICELAND	220	
Israeli Society of Internal Medicine	ISRAEL	450	
Italian Society of Internal Medicine	ITALY	4076	
Latvian Society of Internal Medicine	LATVIA	333	
Macedonian Association of Internal	NORTH		
Medicine	MACEDONIA	120	
Association of Physicians of Malta	MALTA	40	
Norwegian Society of Internal Medicine	NORWAY	1880	
Polish Society of Internal Medicine	POLAND	400	
Portuguese Society of Internal Medicine	PORTUGAL	2729	
Romanian Society of Internal Medicine	ROMANIA	273	
Royal College of Physicians London	UNITED KINGDOM	2415	
Royal College of Physicians of Edinburgh	SCOTLAND	2500	
Russian Scientific Society of Internal Medicine	RUSSIA	988	
Serbian Society of Internal Medicine	SERBIA	385	
Slovakian Society of Internal Medicine	SLOVAKIA	543	
Slovenian Society of Internal Medicine	SLOVENIA	220	
Spanish Society of Internal Medicine	SPAIN	6520	
Swedish Societyof Internal Medicine	SWEDEN	1232	
Swiss Society of General Internal Medicine	SWITZERLAND	6140	
Turkish Society of Internal Medicine	TURKEY	1384	

EFIM Members 2023



ASSOCIATE MEMBERS		
Algerian Society of Internal Medicine	ALGERIA	400
Argentinian Society of Internal Medicine	ARGENTINA	650
Dominican Republic Society of Internal Medicine	DOMINICAN REPUBLIC	800
Lebanese Society of Internal Medicine	LEBANON	190
Mexican College of Internal Medicine	MEXICO	1200
Moroccan Society of Internal Medicine	MOROCCO	213
	TOTAL 2023	60371

New membership applications to be presented during the GA in Istanbul:

- Ukrainian Society of Internal Medicine
- Peruvian Society of Internal Medicine
- Requests received from:
- Georgian Society of Internal Medicine
- Iraqi Society of Internal Medicine



EFIM Webinars 2023

EFIM Webinars 2023

Multimorbidity Working Group





Department of Internal Medicine and Oncological Chemotherapy, Medical University of Silesia, 40-029 Katowice Poland

Questions and discussion

Young Internists' Section

Organised by the EFIM Young Internists Organised by the EFIM Young Internists Organised by the EFIM Young Internists **EFIM** EFIM EFIM EFIM young internists EFIM young internists EFIM young internists Systemic sclerosis -**Community Acquired Pneumonia -**Challenges in 2023 for www.efim.org An EFIM Guidelines Critical Appraisal Systemic Lupus Erythematosus Primer for the internist March 29th 2023 October 10th 2023 June 15th 2023 Adaptation for Internists 6:00 pm CET 7:00 pm CET 7:00 pm CET Speaker: Sneaker Laurent Arnaud, MD, PHD, Professor of Rheumatology at Strasbourg University and Speaker: Academic Hospitals and French National Reference Center for Rare Auto-immune diseases, President of the European Lopus Society (SLEuro), Disease Coordinator for Lupus and relapsing Associate Professor Carina Mihai, PD Dr.med Professor Dr. Serhat Ünal, FACP, FRCP Guidelines. **Department** for Rh natology, University Hospital Zurich Hacettepe Üniversity, Ankara, Turkey polychondritis of the European Reference Network for rare diseases ReCONNET Iniversity of Zurich, Switzerland Department of Internal Medicine Division of Infectious Diseases and Clinical Microhiology Moderators: Moderators: Moderators Max Schuller, Division of Nephrology Department of Internal Medicine Tuomas Aro, Infectious diseases resident and doctoral candidate, Department of Infectious Diseases, Helsink Lucía Barrera-López, MD. Internal Medicine Department, Hospital da Barbanza, A Coruña, Spain Medical University Graz, Austria University Hospital and University of Helsinki, Finland Gabriele Angelo Vassallo, MD, MSc, Internal Medicine Consultant Ivars Veckalns, Department of Internal Diseases, Riga Stradinš University, Latvia Miquel Morante, Internal Medicine Department, Hospital Universitario Fundación Jiménez Díaz, Madrid, Spain Barone Lombardo Hospital Canicatti Italy

All EFIM Webinars are available on https://efim.org/videos

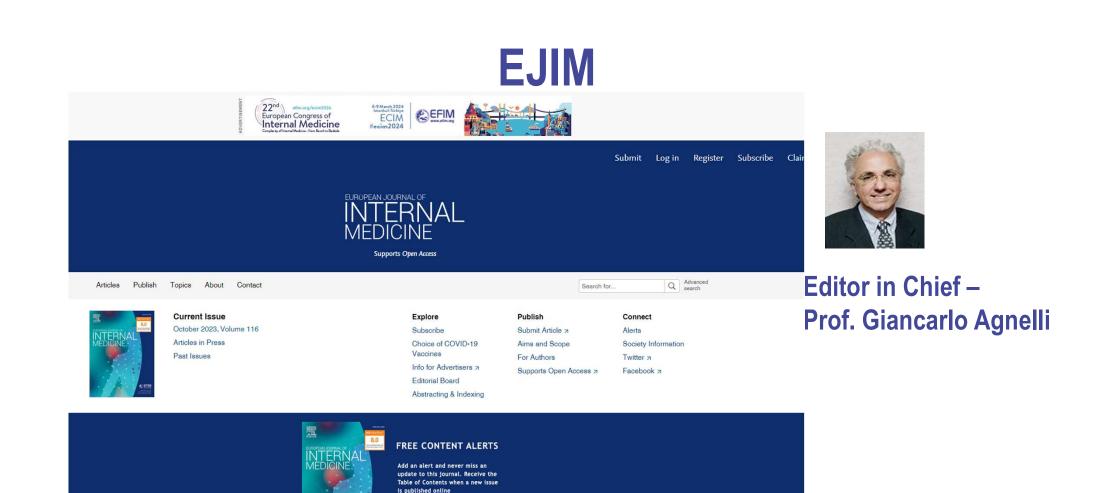
Professional Issues and Quality of Care



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EFIM Journals



2022 Impact Factor of EJIM has reached 8.0.



Editor in Chief – Dr. John Kellett



27 total citations Abstract book of ECIM 202

- •Themed collections
- Webinars and educational programmes
- Hospital Rounds
- Scopus registration



EFIM Newsletters and social media

EFIM Newsletters 2023



Welcome to the EFIM Spring newsletter!

As the new President of EFIM, I am honored to serve and represent EFIM over the next two years, and I will do my utmost to promote further growth of the organisation.

Additionally, I would like to congratulate Prof. George Dalekos from Greece who was elected future president of EFIM and I welcome him to the Executive Committee.

I also would like to welcome personally our two new members: Royal College of Physicians of Edinburgh, RCPE and the Mexican College of Internal Medicine!

It was a great pleasure seeing so many of you at ECIM 2023 in Athens during our highly successful congress, that brought together more than 1400 participants. It was a congress to remember! ...



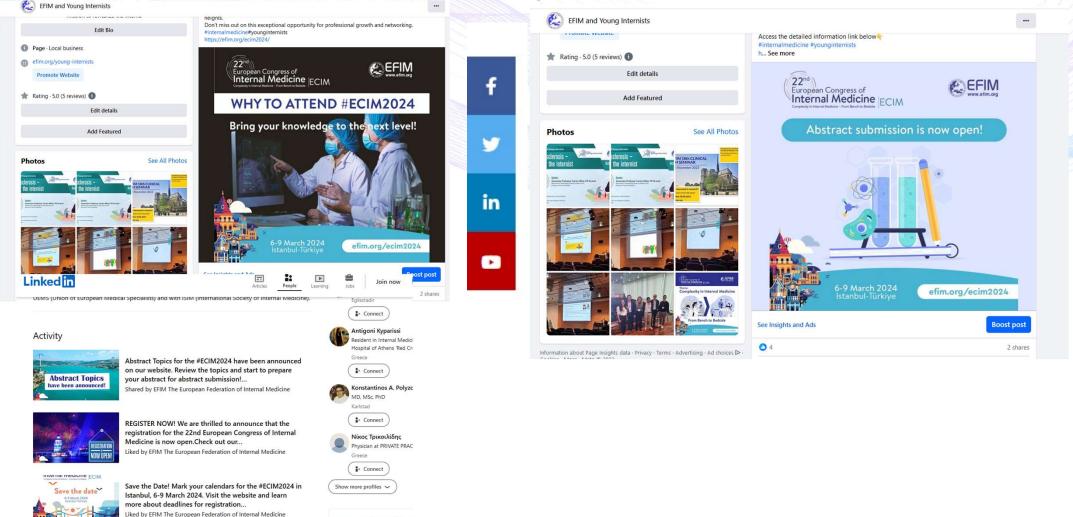
Dear Colleagues,

I am delighted to address you through the pages of the EFIM Summer newsletter as we embrace the summer and inform you on forthcoming events and activities to be launched by EFIM.

Following a very successful congress in Athens, we have been busy working on the programme of ECIM 2024. We are preparing attractive programme that will offer you the opportunity to staying abreast of the latest developments in internal medicine. I encourage you to mark your calendars for the upcoming ECIM 2024, taking place from 6 - 9 March in Istanbul. ...

Autumn Newsletter will follow after the 8th EFIM Day

Join us on EFIM Social Media and network with your peer!



Explore collabor articles

We're unlocking community knowle

way. Experts add insights directly in article, started with the help of Al.

Join now to see all activity



European Schools of Internal Medicine



European School of Internal Medicine, ESIM ESIM Summer 2023



European Summer School of Internal Medicine Internal Medicine-Joint Action

El Escorial. Madrid

















50 residents 20 National Societies participating

ESIM Winter 2023

European School of Internal Medicine, ESIM





ESIM Summer 2024 June 2024 – dates will be announced soon!

SCHOOL

TERNAL MED

17 countries replied sending in total 43 trainees – reminder will follow

Call for expressing interest to host ESIM Summer 2025 – 2026/27 will be announced in November !!!

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European Advanced School of Internal Medicine, EASIM 2023 in collaboration with the Slovakian Society





The event organised by the Slovak Society of Internal Medicine, endorsed by EFIM

5th European Advanced **School of Internal Medicine EASIM in Bratislava 2023**

3-5 **NOVEMBER 2023** (Friday to Sunday)

Park Inn by Radisson Danube Hotel, Bratislava, Slovakia

Organizing Committee



EASIM Director: Co-Directors:

www.easim2023.eu

5th European Advanced School of Internal Medicine (EASIM) in Bratislava 2023

Programme V3 (September 2023)

Friday 03-Nov-2023	Saturday 04-Nov-2023		Sunday 05-Nov-2023	
Participants can arrive today	09:00-9:30 Clinical Update Session set 2 participants x 15 (Teach Your Colleagues)		9:00-10:00 Clinical Update Session set 4 carticicantex 16 (Teach Your Colleagues)	
	9:30-10:45 Workshop 1A EWeldanz (UK) (Communication – complaints)	9:30-10:45 Workshop 2A Ruža (Latvia) (Teamwork Strategy and Feedback)	10:00-11:15 Workshop 3A FWeldarz (UK) (Communication – poor performance)	10:00-11:15 Workshop 4A U Skrha (Crech Republic (Perioperative I management
	10:45-11:15 Coffee 11:15-12:00 Meet The Expert Lecture (Carden Republic) (Sepsile) 12:00-12:45 Meet The Expert Lecture Control Frank Meets (Carden Carden – PSILI)		11:15-11:45 Coffee 11:45-12:35 Meet The Expert Lecture (Adrenal pathologies) 12:45-13:30 Clinical Update Session set Control Update Session set (Teach Your Colleagues)	
	13:00-14:00 Lunch		13:30- Closing a	
	14:00-14:30 Discussion-workshop Walking tour to Castle			
	14:30-15:45 Workshop 1B FWeidanz (UK) (Communication – complaints)	14:30-15:45 Workshop 2B IPute (Letvie) (Teamwork Strategy and Feedback)	Participants can depart today	
	15:45-16:30 Meet The Expert Lecture Conservation and value (Cardiology)			
16:30-17:00 Coffee	16:30-17:00 Coffee break			
17:00-17:05 Opening, introduction IRuza (Latvia)	17:00-17:45 Clinical Update Session set 3 cardiopartis x15' (Teach Your Colleagues) (Switch with Cardiology?)			
17:05-17:50 Interactive Session CSM-rail Sweden (Difficult Ethical Cases) 18:00-19:00 Interactive Session	17:45-19:00 Workshop 3B FWeldarz (UK) (Communication – poor performance)	17:45-19:00 Workshop 4B U Sicha (Czech Republic) (Perioperative DM management)		
(Endocrinology and IM Cases)				
19:30-20:30 Dinner	19:30-20:30 Dinner			





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EFIM Young Internists activities



Joint session during the national congress of the Austrian Society of Internal Medicine



Parallel session and a workshop organization during the ECIM 2024 in Istanbul



EFIM Fellowship

EFIM Fellowship 2023



60 successful Fellowships gran

FEFIM designation	FEFIM Diploma	Free registration to EJIM (on a first come first served basis)	Entrance to the Fellow lounge during the ECIM	Reduced congress fees		
New requir	rement: at	tendance at ECI	M or publication	on in EJIM!		
De it known to all to whom these letters may come that John Smith						
	EUR		ren elected OW of the N OF INTERNAL MI	EDICINE		
ranted		s hereunto affixed this	ignature of the proper officer day of AD ror Dicker President			



EFIM collaboration

EFIM Educational collaboration

American College of Physicians Leading Internal Medicine, Improving Lives

CP[°]

Joint Session at EFIM and ACP Meetings 2024: - Workplace Safety in Global Healthcare

Society of Hospital Medicine Joint Session at EFIM and SHM Meetings 2024:

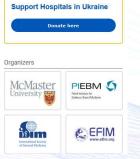
- Management of diabetes in hospital setting



EFIM Session MIRCIM 2023: The Multimorbid Patient Chair: Prof. Michal Holecki (Poland), EFIM Multimorbidity Working Group

EFIM Session MIRCIM 2024: EFIM Multimorbidity Working Group









Joint Session at EFIM and ESH Meetings 2024:

- New Hypertension Guidelines

FDIME Activities 2023

Foundation for the Development of Internal Medicine in Europe

Promoting excellence in research and education



FDIME Research Grant 2023 announcement

- (FDIME) is offering Research Grants to Young Internists (up to age 38 years) to study in.
- Research projects including all fields of General Internal Medicine, particularly comorbidity and other common I.M. conditions.

18th Clinical Research Seminar – 2023, 14 -16 November



Institutional Collaboration: EFIM collaboration with the European Alliance for Value in Health

Meeting in Brussels:

mapping the roles of stakeholders in transitioning towards value-based health systems: what should each stakeholder do in a value-based healthcare system





European Alliance for Value in Health

Proposal for Collaboration with AMBOS



AMBOSS is a breakthrough medical learning platform dedicated to helping future physicians succeed on their USMLE exams.
- 6 months free trial for all EFIM members
-cross promotion on AMBOSS and EFIM sites
- increasing visibility of EFIM and EFIM Activities





EFIM Academy

Released Modules

1	SARS-CoV-2: virus characteristics, mutations, and impacts on the efficacy of the therapeutic arsenal	Courses
2	COVID-19: The current situation of the pandemic and new patient profiles	Courses
3	Acute decompansated heart failure	Interactive
4	Acute respiratory infections, frailty and sarcopenia	Interactive
5	Approach to patients with arthritis	Interactive
6	Drug treatment algorithm for essential hypertension	Interactive
7	Early onset severe degenerative arthritis	Interactive
8	How to optimize observational studies to provide high-quality real-world data?	Interactive
9	Hypercalcemia and a breast mass	Interactive
10	Hypertension in pregnancy	Interactive
11	Influenza in patients with diabetes	Interactive
12	Influenza: cardiovascular complications & vaccination	Interactive
13	Low-energy fractures	Interactive
14	Management of a COVID-19 patient with long term pulmonary sequela	Interactive
15	Management of a patient with brain fog and depression	Interactive
16	Management of a patient with massive pulmonary embolism	Interactive
17	Nausea and vomiting from gender perspective	Interactive
18	Nausea and vomiting in patients with cancer	Interactive
19	Polypharmacy by multimorbidity WG	Interactive
20	Recurrent abdominal pain	Interactive
21	Vaccination of adults with diabetes mellitus	Interactive
22	Atrial fibrillation guideline 2020	Webinar
23	Community acquired pneumonia -An EFIM guidelines critical appraisal adaptation for internists	Webinar
24	Coordination of care	Webinar
25	COVID-19: What we have learned	Webinar
26	Guideline: appraisal and adaptation for internists on pulmonary embolism	Webinar
27	ME'NA-ISN webinar on influenza and multimorbidity	Webinar



The current situation of the pandemic and new patient profiles EN | 60 m Hypertension in pregnancy

EN | 50 m





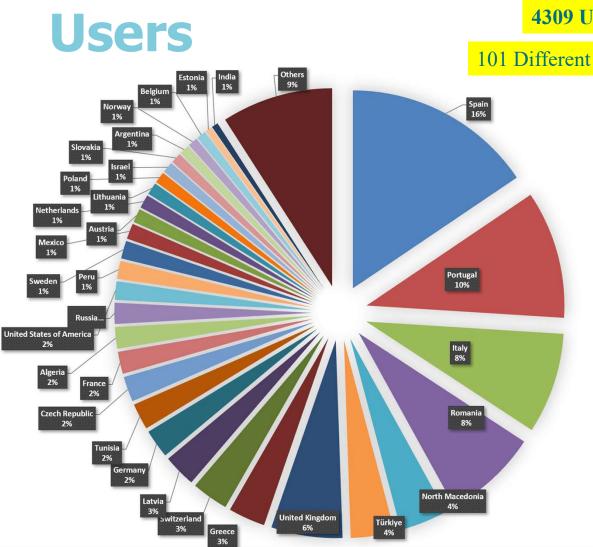
Coordination of care

EN | 60 m

Webinar

New content categories:

- One minute learning
- Courses



4309 Users

101 Different Countries

The biggest countries who listen are

UK, Australia and the USA

HOME OF MEDICINE PODCAST Available on Apple Podcasts Google Podcasts Spotify Podcasts EFIM Academy

We do have listeners

South Korea, **Greece and UAE**



Exchange Programme

EFIM Exchange programme

13 applications received

- 3 from Polish Society
- 2 from Algerian Society
- 1 from Macedonian Association
- 2 from Italian Society
- 1 from German Society
- 3 from Turkish Society
- **10 Scholarships offered** of 1000€ per participant from EFIM and FDIME together
- 4 bursaries processed
- 4 cancellations in the process
- New rules for acceptance in 2024





EFIM Exchange programme 2024 – New selection criteria

- Applications will be opened end of November 2023
- 10 best applications will be selected among different national societies
- Only one application per country with EFIM and FDIME support with max of 10 participants per year
- national societies can support the residents to participate in the EFIM Exchange programme accordingly without EFIM and FDIME support.



ECIM 2024 Istanbul



22nd European Congress of Internal Medicine

Complexity in Internal Medicine - From Bench to Bedside

6-9 March 2024 Istanbul-Türkiye

\sim Save the date \sim

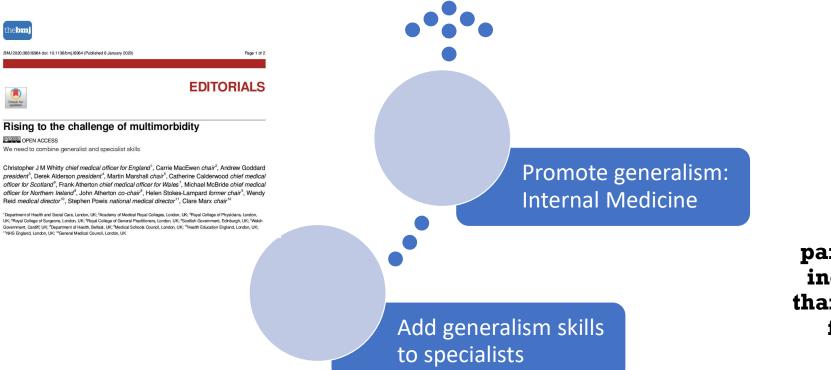




Final Considerations



The challenge of multimorbidity



OPEN ACCESS

William Osler (1849-1919)

"Care more particularly for the individual patient than for the especial features of the disease"



The main EFIM's challenge

