



Choosing Wisely Working Group

Update

ECIM 2017, September 1st



CHOOSING
wisely

Countries Participating



Belgium



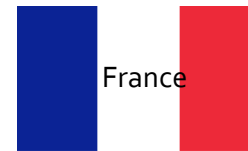
Cyprus



Czech Republic



Estonia



France



Germany



Greece



Iceland



Israel



Italy



Latvia



Netherlands



Norway



Poland



Portugal



Romania



Russian Federation



Serbia



Slovakia



Spain



Sweden



Switzerland



Turkey



UK



Representatives:



First Name	Last Name	National Society
Eleni	Papanicolaou	Cyprus Federation of Internal Medicine
Lubos	Kotik	Czech Society of Internal Medicine
Thomas	Hanslik	French Society of Internal Medicine
Dimitrios	Papazoglou	Internal Medicine Society of Greece
Dror	Dicker	Israeli Society of Internal Medicine
Maria	Perticone	Italian Society of Internal Medicine
Giorgio	Costantino	Italian Society of Internal Medicine
Roberto	Frediani	FADOI Italy
Antonio	Brucato	FADOI Italy
Karin	H.A.H. Kaasjager	Netherlands Society of Internal Medicine
Knut E. A.	Lundin	Norwegian Society Of Internal Medicine
Wiktoria	Leśniak	Polish Society of Internal Medicine
Luís	Campos	Portuguese Society of Internal Medicine
Cristian	Baicus	Romanian Society of Internal Medicine
Dragan	Lovic	Serbian Society of Internal Medicine
Ivica	Lazurova	Slovakian Society of Internal Medicine
Omar	Kherad	Swiss Society of General Internal Medicine
Pınar	Yıldız	Turkish Society of Internal Medicine
Chris	Davidson	Royal College of Physicians UK

First Name	Last Name	National Society
Patrick	Lacor	Belgian Society of Internal Medicine
Margus	Lember	Estonian Society of Internal Medicine
Alexis Michael	Müller-Marbach	German Society of Internal Medicine
David	Arnar	Icelandic Society of Internal Medicine
Georgijs	Moisejevs	Latvian Society of internal Medicine
Olga	Boeva	Russian Scientific Medical Society of Internal Medicine
Raquel	Barba Martin	Spanish Society of Internal Medicine
Jan	Bergman	Swedish Society of Internal Medicine
Fredrik	von Wowern	Swedish Society of Internal Medicine
John	Quin	Royal College of Physicians UK
Alistair	Douglas	Society of Acute Medicine

Choosing Wisely concept has universal appeal

It began in the United States in 2012. Canada joined in 2014. It has since spread to Japan, Brazil, France, Germany, Israel, Australia and many other countries. The concept behind the Choosing Wisely campaign — that more health care isn't always better health care — appears to have universal appeal. And that's a rare thing on the international health care scene.

"It transcends all these different health care systems and different payment schemes because it resonates with doctors about the core essence of what it is to work with patients, and that is the same in every country," says Dr. Wendy Levinson, chair of Choosing Wisely Canada and a professor of medicine at the University of Toronto. "That is the amazing part of this story. Give me another example where there has been so much interest



skynesher/stock

Physicians in many countries agree that reducing the use of some medical tests, such as MRI scans, is a good idea.



CW Start-up Meeting in Milan



Choosing Wisely – Proposal

Project proposal

- 1. Descriptive research**
- 2. (Applied research)**
- 3. Educational**
 - Clinical cases
 - “Less is More” Courses

First Steps

- 1. All materials already published by the national societies will be posted in our repository webpage.
- 2. List of the countries when a Choosing Wisely Project is already ongoing or almost (anyway with a methodology already planned).
- 3. The countries that would like to start a CW project and still have not yet decided what methodology to follow, may use the provided methodological proposal.

First phase

- ***Milestone*** : to publish the TOP 5 lists from the most possible societies.
- ***Final Product*** will be: publication of a systematic review article on a scientific journal.



March 17, 2017

- Presentation and discussion of the proposed CW project during the 3rd EFIM Day in Brussels

August 31, 2017

- Update during the General Assembly in Milan – Results 1st phase, webpage, publications

September 2018

- Less is More courses at ECIM 2018

December 2018 / January 2019

- One day EFIM workshop on CW

**THE CHALLENGE OF IMPLEMENTING *LESS IS MORE* MEDICINE:
AN EUROPEAN PERSPECTIVE**