

## May 8, 2020

### Controversies in Internal Medicine

#### ICE Kraków Congress Centre

ul. Marii Konopnickiej 17, 30-302 Kraków

#### Session A

---

Moderators:

Dr. Dror Dicker (EFIM President-Elect, Israel)  
Prof. Giancarlo Agnelli (EFIM Editor-in-Chief, Italy)

- 9:30–10:00** **Opening lecture: How to recognize trustworthy practice guidelines?**  
Prof. Gordon Guyatt (McMaster University, Canada)
- 10:00–10:45** **Debate: What is the first line therapy in DMT2 patients?**  
**Metformin?** Prof. René Rodríguez-Gutiérrez (Universidad Autonoma de Nuevo Leon, Mexico)  
**GLP1/SGLT2?** Prof. Petra-Maria Schumm-Draeger (Center for Internal Medicine/Fünf Höfe München, Germany)
- 10:45–11:30** **Debate: Should we give thromboprophylaxis to every Padua score >4 patient in internal medicine department?**  
**Yes:** Prof. Cecilia Becattini (University of Perugia, Italy)  
**No:** Prof. James Douketis (McMaster University, Canada)
- 11:30–11:45** **Coffee Break**

#### Session B

---

Moderators:

Prof. Xavier Corbella (EFIM Secretary General, Spain)  
Prof. Runólfur Pálsson (EFIM Past President, Iceland)

- 11:45–12:00** **Lecture: Opportunities for multidisciplinary care of cardiac patients**  
Prof. William Wijns (National University of Ireland Galway, Ireland)

- 12:00–12:40** **Debate: How low should we go in hypertensive patients?**  
**Lower is better:** Prof. Alejandro de la Sierra (University of Barcelona, Spain)  
**Lower is not always better:** Prof. Dragan Lovic (Clinic for Internal Disease Intermedica, Serbia)
- 12:40–13:20** **Debate: How low should we go in hypercholesterolemia treatment?**  
**Lower is better:** Prof. Avishay Elis (Tel-Aviv University, Israel)  
**Lower is not always better:** Prof. Richard Češka (Charles University, Czech Republic)
- 13:20–14:00** **Lunch Break**

#### Session C:

---

Moderators:

Prof. Nicola Montano (President, EFIM, Italy)  
Prof. Valentin Kokorin (EFIM Treasurer, Russian Federation)

- 14:00–14:25** **Lecture: Vaccination: mandatory or non-mandatory?**  
Prof. Serhat Unal (Hacettepe University, Turkey)
- 14:25–14:50** **Lecture: Cancer and anticoagulation**  
Prof. Giancarlo Agnelli (University of Perugia, Italy)
- 14:50–15:15** **Lecture: How to adapt outside clinical practice guideline to your own country or setting**  
Prof. Holger Schunemann (McMaster University, Canada)
- 15:15–15:40** **Lecture: Physician's well-being**  
Prof. Cynthia D. Smith (American College of Physicians, USA)
- 15:40–16:10** **Closing lecture: Personalised internal medicine: great promise or the emperor's clothes?**  
Prof. Marcel Levi (University College London, UK)