Young Internists Report

Dr. Caterina Delcea
Chairman Young Internists
European Federation of Internal Medicine

-Carol Davila University of Medicine and Pharmacy, Bucharest, Romania
Colentina Clinical Hospital, Bucharest, Romania
• Young Internists is a **section** of the **European Federation of Internal Medicine**

• The term ‘Young Internist’ refers to **doctors in training in internal medicine** and to doctors in the **early years of their senior posts (MD/PhD students)**. All young specialists and trainees who belong to an **EFIM member society** are members of the Young Internists Section. The criterion for the definition of a Young Internist member is **until 5 years after qualification as a specialist in internal medicine (regardless of age)**.
The officers of the board are elected by the Assembly for a period of 1 term of 2 years.

The Chair is elected by the Assembly for a period of 1 term of 2 years. Either National Representative or Board Officers can apply as Chair.

The board appoints the Secretary among its members. The Secretary steps down automatically from her/his Office once the term as Board Officer expires.
The Young Internists Assembly

• 27 members
• 5 members of the Board
• 22 countries
• 24 from 31 EFIM Member National Societies
EFIM young internists
@ ECIM 2023

Join us in Athens from MARCH 15th to 18th
Workshop
How to write and publish a paper

Professor Giancarlo Agnelli

Editor-in-chief of

Dr Marco Proletti
IRCCS Istituti Clinici Scientifici
Maugeri, Milan, Italy
Honorary Senior Research Fellow
Liverpool Centre for Cardiovascular Science
University of Liverpool, UK

Dr Andrea Salzano
Cardiology of AORN A Cardarelli,
Napoli, Italy
Honorary Senior Research Fellow
Department of Cardiovascular Science
University of Leicester, UK

Dr Caterina Delcea
EFIM Young Internists Chair
Colentina Clinical Hospital
Assistant Professor
Carol Davila University
Bucharest, Romania
EFIM young internists @ ECIM 2023

Wednesday, March 15th from 15.35 - 17.05 CET

Challenges in Internal Medicine – Finding Ariadne’s Thread

Joint session with the Latin American Young Internists
Join us on
Saturday, March 18th
11:05 – 12:35 CET

Life outside of Medicine
Tales of Asclepius, the Muses and the Olympians
The Young Internists’ Corner

Thursday March 16th

10:35 – 11:05 Young Internists’s Corner: How to deal with Breaking Bad. News
Speakers: Dr Ish Thethy, Dr Anda Bularga (RCP Edinburgh). Moderator: Dr Andrea Salzano (Italy)

Friday March 17th

10:35 – 11:05 Young Internists’s Corner: When should we think about autoimmune disease?
Speaker: Prof Antonio Brucato (Italy). Moderator: Dr Miguel Morante (Spain)
17:30 – 18:00 Young Internists’s Corner: What is the role of General Internal Medicine in 2023? Are we needed?
Speaker: Dr Darilyn Moyer (USA). Moderator: Christine Sävervall (Sweden)

Saturday March 18th

10:35 – 11:05 Young Internists’s Corner: How to ace your case (report)
Speaker: Dr John Kellet (Denmark, Editor-in-chief EJCRIM). Moderator: Caterina Delcea (Romania)
Young Internists Best Abstract Award

Best Original Work: Dr. Avishai Tsur (Israel)
Title: ADOLESCENTS WHO STUTTER AND TYPE 2 DIABETES IN YOUNG ADULTS

Best Case Report: Dr. Adriana Jácome Pérez (Spain)
Title: PULMONARY OPPORTUNISTIC INFECTION MIMICKING NEOPLASIA.
EFIM Young Internists’ Webinar

Acute pericarditis – Primer for the internist

April 27, 2022
6:00 pm - 6:30 pm
6:30 pm - 7:00 pm
7:00 pm - 7:30 pm

Speaker: Antonio Brucato
(University of Milano, Ospedale Fatebenefratelli, Milano, Italy)

Moderators: Christine Säervall, Shketqim Muharremi

Organised by the EFIM Young Internists

Challenges in 2023 for Systemic Lupus Erythematosus

March 29th, 2023
6:00 pm CET

Speaker: Laurent Arnaud, MD, PhD, Professor of Rheumatology at Strasbourg University and Academic Hospitals and French National Reference Center for Rare Autoimmune Diseases, President-Elect of the European Lupus Society (SLUPE), Disease Coordinator for Lupus and relapsing polychondritis of the European Reference Network for rare diseases (ReBiNET)

Moderators:
Lucía Barrera-López, MD, Internal Medicine Department, Hospital de Barbanza, A Coruña, Spain
Ivars Veckalns, Department of Internal Diseases, Riga Stradiņš University, Latvia
Tuomas Aro (Finland)

Colleague’s Fever of unknown origin
Andrea Salzano (Italy)

Heart Failure
Collaboration with Latin American Young Internists
Challenges in Internal Medicine Training Survey

Q11 Which of these aspects do you consider to be current challenges in your training and career in Internal Medicine? Please choose all that apply:

- None of the above
- High workload
- Vast diversity of diseases
- Insufficient guidance/feedback
- Insufficient experience
- Insufficient skills
- No work-life balance
- Not enough accommodation
- Clinical skills
- Soft skills
- Uncertainty in medicine
- Research
d- Work-related stress
- Career opportunities

Q48 Do any of the following cause your stress or anxiety? Please check all that apply.

- None of the above
- High workload
- Vast diversity of diseases
- Insufficient guidance/feedback
- Insufficient experience
- Insufficient skills
- Financial instability
- Stressful/long working hours
- Overwhelming responsibilities
- Overwhelming information
- Clinical skills
- Soft skills
- Uncertainty in medicine
- Other (please specify)
Thank you for your attention!