



Latvijas internistu biedrība



27th ESIM Winter School 2017 in Riga, Latvia – Report

Dr. Ieva Ruža

EFIM AC meeting, Milan, Italy

31.08.2017



ESIM (European School of Internal Medicine)

Winter School 2017

- **5-11 February, 2017**
- Astor Riga Hotel Riga, Latvia
- **Director** – Dr. Ieva Ruža
- **Co-directors** – prof. *V.Briner* (Switzerland), prof. *M.Lember* (Estonia), prof. A.Lejnieks
- **Course administrator** – dr. Zane Lucāne
- Administration – dr. Georgijs Moisejevs, dr. Anna Saliņa, dr. Imanta Ozola-Zālīte



ESIM programme - 2017

European School of Internal Medicine in Riga 2017 – Winter School						
Programme V6						
Sunday 5-Feb-2017	Monday 6-Feb-2017	Tuesday 7-Feb-2017	Wednesday 8-Feb-2017	Thursday 9-Feb-2017	Friday 10-Feb-2017	Saturday 11-Feb-2017
	9:00-9:45 Welcome, pre-test, introduction I.Ruža	9:00-12:30 Sightseeing and free morning	9:00-9:45 Lecture 7 M.Lember (Vitamin D)	9:00-9:45 Lecture 11 M.Leja (Gastric/colon Ca screening)	9:00-9:45 Lecture 14 N.Gatselis (Deranged liver tests)	
	9:45-10:30 Lecture 1 R.Palsson (Nephro-GN)		9:45-10:30 Lecture 8 I.Ruža (Endocrine masks & pearls)	9:45-10:45 Clinico-path conference 2 S.Rigby	9:45-10:45 Workshop 4 G.Moisejevs (Blood gases)	
	10:30-11:15 Lecture 2 F.Weidanz (Non-invasive ventilation)					
	11:15-11:45 Coffee break		10:30-10:45 (!) Coffee break	10:45-11:15 Coffee break	10:45-11:15 Coffee break	
	11:45-13:15 Workshop 1 M.Parry (YI) (Choosing wisely)		10:45-13:30 Workshop 2 A.Müller- Marbach (US – hands-on)	11:15-13:00 Workshop 3 C.Davidson (How to analyze a paper)	11:15-13:00 Workshop 5 V.Kokorin (ECG)	Residents depart today
Residents arrive today	13:15-14:15 Lunch	12:30-13:30 Lunch	13:30-14:30 Lunch	13:00-14:00 Lunch	13:00-13:45 (!) Lunch	
Evening: 19:30 Reception	14:15-15:00 Lecture 3 V.Briner (IM case studies)	13:30-14:15 Lecture 4 K.Petterson- Fernholm (IgG4-related disease)	14:30-15:15 Lecture 9 M.Thevis (Doping hunting)	14:00-14:45 Lecture 12 N.Montano (Sleep apnoea)	13:45-14:30 Lecture 15 L.Campos (Failing the diagnosis)	
Meet & Greet	15:00-16:00 Clinico-path conference 1 I.Ruža	14:15-15:00 Lecture 5 C.le Roux (Gut meets brain)	15:15-16:00 Lecture 10 E.Biskup (Migration medicine)	14:45-15:30 Lecture 13 V.Kokorin (Anticoagulants in AF and different conditions)	14:30-15:00 Post-test, closing I.Ruža	
	16:00-16:30 Coffee break	15:00-15:30 Coffee break	16:00-16:15 (!) Coffee break	15:30-16:00 Coffee break	Free time	
	16:30-18:15 Clinical case presentations [N=7] V.Briner	15:30-16:15 Lecture 6 X.Corbella (In-/Outpatient Bridging)	16:15-17:30 Clinical case presentations [N=5] M.Lember	16:00-17:45 Clinical case presentations [N=7] S.Rigby		
	18:30-19:30 Dinner	16:15-17:45 Clinical case presentations [N=6] C.Davidson	17:30-18:30 Dinner	18:15-19:15 Dinner	19:00-22:00 Gala dinner (outside)	
	20:00-22:00 Social activities	18:00-19:00 Dinner [Faculty dinner outside]	19:00 Opera-ballet	[Faculty dinner outside]	22:00 Free night	
		Free time		Free time		

ESIM Winter School - Riga 2017



- 49 participants from 24 countries
- 20 faculty members (17 international ones)

Photo credits – Manuel Klein



Financial report



- 2 FDIME supported participants – Sarah Bigeni (Malta) and Andreas Ioannou (Cyprus)
- 2 ESIM supported participants – Rasa Sidabraite (Lithuania), Medea Amashukeli (Georgia)
- **ESIM with positive budget balance after the School, no involvement of local society and pharma industry sponsoring**

Scientific part



US workshop

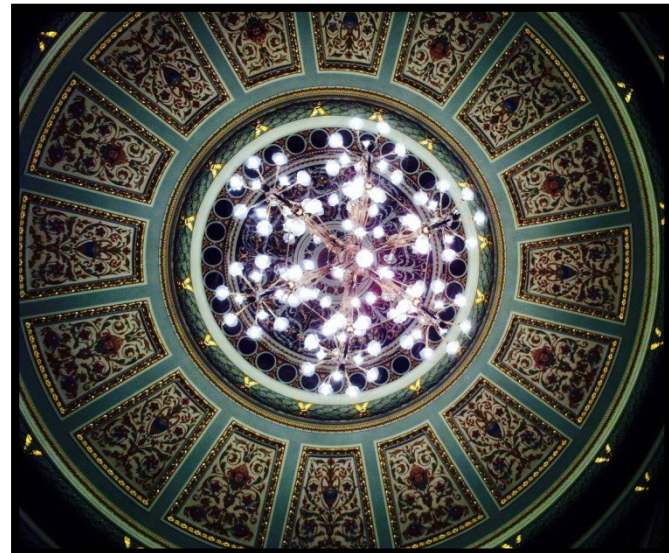
Citrus (4 devices) – 2017.g.



Social part



Social part



Thank you for being a part of it!



- **2015-2017 (23rd, 25th, 27th ESIM)**
- **140 participants (44+47+49)**
- ~18 lecturers/ESIM (mostly international ones)
- First implemented US workshops
- Cultural education (opera “Carmen”, ballets “Anna Karenina” and “Peer Gynt”), Riga sightseeing, get-together parties etc.



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Share the information and join us for next **29th ESIM Winter School in Kittila, Finland – 20-27 January 2018**



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(Dr. Ieva Ruža)