Foundation for the Development of Internal Medicine in Europe

FDIME

Activities 2022

Daniel Sereni
Président FDIME
FDIME Main activities

• Organizes the Clinical Research Seminar
• Offers ESIM Bursaries
• Supports YI exchange program
• Supports poster prizes at ECIM
• Supports Clinical Research with annual grants
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• Is the voice of Internists in informing the public on health issues
Research Grants
2021

- 17 500 euros grant to Dr Benjamin Chaine (F)

Integrated proteomic analysis of blood B cells and skin fibroblasts in systemic sclerosis: toward proteomic B/F signatures of SSc patients.

at the Division of Medicine, Research Department of Inflammation Centre for Rheumatology and Connective Tissue Diseases at the University College London

- 17 500 euros grant to Dr Leonardo Bencivenga (I)

Role of frailty and polymorbidity on blood pressure variability in elderly.

at the Aging Gerontopole, Toulouse University Hospital
• 8750 euros grant to Dr Candido Munöz Munöz from Spain to London University at Prof Ian Giles research Centre (6 months) on a new technique of Anti Phospholipids Antibodies
Clinical Research Seminar

• From 25 to 27 October 2022 In Paris
• All expenses covered by the Foundation

• 10 academic speakers
• One patient representative
• Participants
  – 22 applicants
  – 14 accepted
  – 7 countries
Clinical Research Seminar

topics

- Protection of persons in clinical research
- A patient’s representative point of view
- How to deal with sample size and power
- Clinical epidemiology
- How to build a clinical trial
- Research in rare diseases
Clinical Research Seminar topics

- Genetic research in Iceland
- Analyzing a clinical paper
- High yield tips in grant application writing
- How to write a medical paper
- Short presentations of their own experience in research by all residents
Informing and Advising the Public

- 14 newsletters on Covid have been circulated through Mailchimp, Facebook and the FDIME website

- 4 new newsletters on various subjects

- Website (www.fdime.org)

- Short News
Short news items

Benefits of inefficient walking: Monty Python-inspired experimental study
Statins rarely cause muscle pain
Nonfasting vs fasting lipid testing
Black tea might be good for your health!
Why iodine is important for you and your thyroid
Moderate coffee intake is associated with lower mortality regardless of whether sugar is added
Cycling for health
Sitting can elevate your blood sugar levels, so get up and move
Coffee is good for fatty liver disease

Newsletters (FAQs)

Should sodium glucose co-transporter-2 inhibitors (SGLT2-i) be the first choice in the treatment of diabetes type 2?
Alcohol
Coronavirus Update FAQ 1 t/m 14
15h15 Opening and objectives.
Daniel Sereni & Dror Dricker

15h20 Internists, patients and FDIME.
Jan Willem Elte

15h25 Short introductions on diabetes developments (Nikolaos Tentolouris), obesity (Dror Dicker) and rare diseases (Daniel Sereni), 5 minutes each.

15h40 Efstathios Chatzopoulos on diabetes, Vicki Mooney on obesity and metabolic disease and Eustratios Chatziharalambous on rare diseases/general aspects), followed by a Round Table discussion with all speakers and a general discussion. “Patients address European Internists”. Panel participants: Ramon Pujol, Daniel Sereni, Dror Dicker, George Dalekos, Ricardo Gomez Huelgas, Nikolaos Tentolouris, Diabetes patient, Vicki Mooney, Eustratios Chatziharalambous.

16h10 Concluding remarks.
Daniel Sereni & Dror Dricker