

EUROPEAN FEDERATION OF INTERNAL MEDICINE

ADMINISTRATIVE COUNCIL Meeting

On: Friday 10 May 2013, Helsinki, Finland

Minutes

1. Apologies and Welcome (Nica Cappellini)

Nica thanked the Finnish host for organising this meeting and welcoming EFIM in Helsinki. Nica welcomed the members of the Administrative Council in Helsinki. Nica excused the AC members who had sent their apologies for this meeting. The following AC members sent their excuses: Knut Lundin Norwegian Society of Internal Medicine, Stephen Hewitt Norwegian Society Of Internal Medicine, Hanne Thürmer Norwegian Society Of Internal Medicine, Ivica Lazurova Slovakian Society of Internal Medicine, Pedro Conthe Spanish Society of Internal Medicine, Verena Briner Swiss Society of General Internal Medicine, Jean-Michel Gaspoz Swiss Society of General Internal Medicine, Werner Bauer Swiss Society of General Internal Medicine, Lucas Zemp Swiss Society of General Internal Medicine, Arnaud Perrie Swiss Society of General Internal Medicine, Mark Kramer Dutch Society of Internal Medicine, Erdal Akalin Turkish Society of Internal Medicine, Roger Duckitt Wellesley EFIM web master, Dowdle J Rhidian, Chris Roseveare Society of Acute Medicine and Christopher Davidson ESIM.

Present: Please find list of attendees attached

2. Minutes of the Administrative Council Meeting, Madrid 30 March 2012 (Nica Cappellini)

Minutes were approved.

3. Membership fee increase and EU Project introduction (Faustino Ferreira and Nica Cappellini)

Nica presented EFIM's on-going projects: ESIM, EJIM and introduced EJCRIM (European Journal of Case Reports in Internal Medicine) and EU Affairs project. She emphasised the importance of these projects for all EFIM members and the funds required to be able to run these projects. Frank Bosch assisted Nica in presenting these slides and spread the message to the AC members that new initiatives come with positive consequences. Frank introduced Rijk Gans the president of the UEMS Section (European Union of Medical Specialties) and pointed out the close relationship with EFIM in the areas of training and continuing professional development CPD. In addition to this Frank informed the AC members, that Werner Bauer has been nominated Chair of EBIM, and will continue working closely with UEMS section. Faustino joined the presentation and presented very positive finance result from Madrid congress. Faustino proposed the membership increase fee to 2€ per society member and asked the AC members to discuss this with their Boards and send back their comments within two months.

No comments were received. The German and the Italian delegate, however, pointed out that they have to talk with their respective Boards before taking a decision.

4. Re- election EFIM EC Officers: Serhat Unal and Lubos Kotik (Jan Willem Elte)

Re - election of Lubos Kotik and Serhat Unal was approved by acclamation. Lubos Kotik and Serhat Unal will serve EFIM Executive committee for another two years.

5. EJIM (Silvia Malosio and Pier Mannucci)

Pier Mannucci presented the report on the European Journal of IM. He commented on the quality and the originality of the articles published, the Review articles, Debates and Letters reflecting internal Medicine mentioning that no Case Reports were published. Mannucci presented and thanked the editorial board and proceeded with the progress statistics on articles submissions between 2008 and 2012. Split per country was shown with Italy and Turkey holding the highest number of articles submitted and UK, Italy, Spain and The Netherlands, having the highest number of articles accepted. Editor statistics and editorial decision were presented with 73% of articles accepted in 2012. Pier Mannucci encouraged the AC members to continue sending good articles in the future. As announced previously EJIM reached increased impact factor of 2.00 in 2012. With the current impact factor EJIM ranks 45th out of 153 in the category Medicine, General & Internal. Most cited Scopus for 2010 & 2011 were presented together with the Top 10 downloaded articles in 2012 for quarter four. EJIM remains Flagship of the European Federation of Internal Medicine and the journal for the National Societies.

6. Progress report EJIM (Karena Grundy)

Karena Grundy presented EJIM progress report and highlighted the achievements for 2012:

- A new contract in place between Elsevier and EFIM for the continued publication of EJIM
- Regular updating of the Editorial Board to appoint new members
- Continuous improvement in manuscript handling times
- Publication of the fourth Impact Factor of 2.00 (another 33% increase on previous year)
- An Editorial Board Meeting held in Madrid providing an opportunity for the Editor in Chief, Elsevier to meet and discuss progress and strategy for the journal and get feedback.
- The Annual Editorial Board Strategy meeting held in Amsterdam in February 2013

Karena presented the projects for 2013 among which:

- Online access for members of National Societies through EFIM.org
- Discussions regarding EJIM spinoff
- European Journal of Internal Medicine Reports & Short Communications
- Online only - Case Reports, Clinical Studies, relevant educational material
- Gold Open Access - author pays to be launched end 2013
- EJIM available through HealthAdvance Journal Apps available for Smartphones & Tablets

Overview statistics were presented for 2012 together with the submission growth. Waterfall Project - ATS was introduced to assist authors whose manuscript has not been selected to be able to transfer their manuscript, with the reviewer reports, to another journal within a cluster of related journals without resubmitting or reformatting.

Geographical submission and acceptance were presented with Italy and Spain in the top countries. Online access was then presented via Sci Verse with the possibility to access over 7300 library and Health Advance for personal subscribers and societies. The access for the developing countries was shown as one of the new Elsevier's projects, called Research 4Life which provides developing countries with free or low cost access to academic and professional peer-reviewed content online via ScienceDirect.

There are a few ongoing 2012 activities in progress among which are discounted subscription campaign, promotional materials at conferences, HealthAdvance branded iPad & smartphone app etc. EJIM is active on the social networks Twitter and Facebook. List of the key exhibits in 2012 was presented.

To be able to achieve the marketing objectives set for 2012, EJIM launched different marketing champagnes:

- Impact Factor Campagne
- E-mail champagne
- Promoting flyers for different events
- Exhibiting at major medical events

The conclusion was given as EJIM being the flagship of the European Federation of Internal Medicine and the English language journal for the National Societies. Shirley Rigby added to improve the profile of the journal is through the delegates who participate at the congress. Pier Mannucci suggested more controversial topics to be added for debates to be developed. Nica believes that the abstracts should be published at lower cost and the journal should be included in the delegates' bags of every ECIM congress.

7. ESIM Report Winter School 2013 and present ESIM 2014 (Nica Cappellini)

ESIM winter 2013 was a big success. Verena Briner was unavailable to attend the AC meeting, therefore Nica gave the presentation. 45 Residents from 18 Countries and Speakers from 9 Countries participated ESIM winter. Target set is to attract 55 residents. However school was very successful. The most popular lectures were the CPC and Case presentations. Programme was very similar to the 2012 ESIM winter. Residents enjoyed the winter sports and the social activities organised. Nica thanked Verena for the organisation and preparedness to take over and organise 2014 ESIM Winter. Nica encouraged the AC members to ask for reports from the ESIM residents and share the overall feeling. The results from the costumer satisfactory survey should be published on EFIM home page and ESIM website. Nica proposed to publish in the online journal selected cases presented by the residents.

8. ESIM: Report Summer School (Mine Durusu)

Mine Durusu presented upcoming ESIM Summer School to take place in charming Cappadocia, the land of horses from 1 - 7 September, 2013. ESIM website has been active since January 2013 and the venue Lykia Lodge hotel has been contracted. Twenty residents' proposals and four speakers' have been received. Mine asked the AC participants to remind their members and send residents intentions as soon as possible. Preliminary programme with Hypertension as a main subject has been published on the ESIM website. Mannucci indicated the high interest in case reports however he suggested that internists in Europe should focus on aging population, visibility and little understanding of clinical cases and teach this at ESIM. Nica added that complex cases were already discussed at ESIM schools and it was very interesting to see the different approach from different countries. Ramon proposed to introduce the current issues that internists are going through in Europe as part

of ESIM, on which Nica replied that residents should not be distracted with subjects they are not interested in.

9. Bilateral Meetings EFIM (Ramon Pujol)

Ramon Pujol gave presentation on the Bilateral meetings organised with the National Society starting with DGIM meeting, followed by SNFMI, RCP, ISIM, SEMI, SPMI concluding with the meeting scheduled with TSIM. Ramon encouraged all the societies to participate and initiate meetings with EFIM knowing each other better, changing experiences and consequently improving internal Medicine in Europe. He proposed to the AC members to organise multiple meetings with different societies in central locations like Stockholm and meet with (Sweden, Norway, Finland and Estonia) or Zurich and meet with (Switzerland, Austria and Germany). Alexis Muller mentioned that the cost in Germany to attend EFIM congress and AC meetings stays high as doctors are not covered by the national society to attend these meetings. However DGIM are very interested by EFIM activities and would like to continue their meetings with EFIM during their national congresses. Alex confirmed that more marketing is needed in Germany in regards to EFIM presence. Rijk Gans stated that it is imperative for the national societies to have EFIM present at their congresses and benefit from the values that EFIM offers.

10. Generalists and Specialists Meeting (Ramon Pujol)

Ramon presented the project on Generalists and Specialists meeting with the idea to demonstrate the possibilities of reaching consensus between internists and subspecialists. This new EFIM initiative was introduced in Madrid and revised for Helsinki meeting with new ideas. The outcome of the event will be to make a final consensus document with the signature of EFIM. Possible destinations to organise this event will be London, Berlin, Brussels and Barcelona inviting other medical institutions. Funding for the event can be done through pharmaceutical companies, National Societies, Individual delegates or obtaining European funds. Ramon informed the AC members that Editorial board will be formed for the Consensus document and final proposal will be produced in Milano during (brainstorming meeting). Pier Mannucci said that he doesn't understand the complexity of this meeting on which Ramon replied that the final goal is to produce the complex document and guidance reflecting what internists are doing. Shirley Rigby suggested adding the specialty of elderly medicine as important topic for UK. Nica added the importance of producing the final document that specialists can use prepared by internists.

11. Lack of communication with National Societies (Frank Bosch)

Frank Bosch addressed the AC members with on-going issue on lack of communication with EFIM national societies. AC members were asked to provide correct contact information of their societies to be sent to the secretariat. Frank required from the societies to give 2 hours to EFIM per week and be involved in EFIM activities. Further more he introduced EFIM newsletter and informed the AC members that summer newsletter will follow.

Actions: National societies to send contact details to EFIM secretariat - in progress

12. New members: Cyprus, Albania (Nica Cappellini)

Nica Cappellini gave word of welcome to the new members. Dr. George Miltiadous, the president from the Cypriot Society of Internal Medicine was welcomed and presented with EFIM certificate to officially declare EFIM membership. Dr. Miltiadous was very happy to accept EFIM certificate and mentioned that Cypriot Society of IM will be fully involved in EFIM activities.

Representatives from the Albanian Society of IM were not able to attend the AC meeting and have sent their apology.

13. Upcoming congresses

Prague 2013 (Richard Ceska)

Richard Ceska presented the progress made for the upcoming Prague congress. Congress website is regularly updated and running, ECIM congress is on Facebook and Twitter and has been actively promoted during national societies' congresses and internationally on different medical congresses. Promotion was also posted on few medical links. Number of abstracts received by 7th May was 77. It is planned for authors to be notified with the final decision by the end of June. Participants are registering but the number is still quite low. All participants registered will receive coupon to be able to collect USB key containing the abstracts. Main sponsors have been confirmed and organisers are expecting to receive more requests. Richard asked AC members to spread the message among their members and promote the congress on their webpages more actively. Congress will be successful only if it is attended. Other promotions are already planned for other medical events in 2013. Jiri Widimsky presented the planned programme for the Prague congress.

Geneva 2014 (Daniel Sereni and Arnaud Perrier)

Arnaud Perrier was not able to attend the AC meeting but he was present by phone to discuss the progress of 2014 conference. Daniel Sereni gave short presentation of the current progress. The name of the congress has been agreed to European and Swiss Congress of Internal Medicine 2014 ESCIM.

Arnaud explained that there will be interactive workshop running in English, German and French. The programs of EFIM and SSIM will be integrated into one joint program and proper brand will be created to promote the joint congress. Serhat objected on the selected name of the congress and requested the name to be changed to ECIM joint with Swiss congress of IM. Daniel replied that the aim was to give visibility to EFIM and SGIM in joint venture. Arnaud guaranteed to discuss this point on their following committee meeting. Ramon added that it will be good if other subspecialties are added as: geriatrics, society of psychosomatic medicine in one day or half day tracks.

Moscow 2015 (Valentin Kokorin)

Valentin Kokorin gave presentation on the 14 ECIM and 10 National Congress of Russian internists. He presented Prof. Anatoly Martynov, the current president of Russian Scientific Medical Society of Internal Medicine, gave short intro on the Russian society and presented the venue of the congress - Crocus Expo Centre. The congress will be organised by KST Interforum. They have been organizing most part of the Society activities since 2006. Programme structure has been planned with 3 days programme, social activities and gala dinner. Valentin welcomed all the AC members to Moscow in 2015. Runolfur pointed out the importance of EU accreditation. Valentin will be in contact with UEMS regarding the CME credits.

14. EFIM Website development (Jan Willem Elte & Frank Bosch)

Roger Duckitt was not available to attend the AC meeting and sent his apologies. Frank Bosch informed the AC members that the work is in progress to place the function allowing EFIM members to access EJIM online through EFIM website. Progress will be presented during the following AC meeting to take place in Prague.

15. EFIM Fellowship and Junior Fellowship (Nica Cappellini)

This point has been postponed to be discussed during the following AC meeting. Nica asked meanwhile from the AC members to send their opinions and suggestions regarding EFIM Fellowship.

16. Clinical Research Course 2013(Daniel Sereni)

Daniel Sereni presented the Clinical Research Course which is taking place in Paris, 8 - 10 July. The course is sponsored by Amgen. 42 Applications have been received of which 17 residents were selected from different countries. Programme running from Monday to Wednesday with different lectures was presented. Roberto asked to receive feedback from his participation at the Clinical Research Course and be more involved on a research project in the future. Keeping data base of past participants is very important and involving them in other research projects.

17. FDMIE Report and EURORDIS (Daniel Sereni)

Daniel Sereni showed the increasing activities for FDIME and the plans for 2013 and 2014. The activities included the Clinical Research Seminar in 2012, 2013 and the bursaries given in 2012. 2 - 5 bursaries will be given in 2013.

Daniel Sereni announced the research grants given for Young Internists who intend to develop research in the field of rare diseases in adults. Two grants of 20 000€ each were given in 2012. The plan for 2013 is to give three bursaries of 20 000€. Nine applications have been already received. Participation and support to Prague Congress and musical events in 2013 and 2014 were presented.

Daniel Sereni announced the collaboration between EFIM, FDIME and EURORDIS. The objectives of the MOU for EFIM, FDIME and EURORDIS are to work together on increasing awareness on rare diseases, provide medical expertise, provide education, advocate for better access to care. This will be achieved by participations in scientific committees, participation to Schools, congresses, papers.

18. Adult Vaccination Campaign in Europe

Mine Durusu gave presentation on ADVICE and proposed Adult vaccination sessions to be given during Summer & Winter Schools, ECIM and vaccine schools. Mine presented the guidelines for vaccination in each country and expressed the need of raising awareness between internists and requirement for European guidelines. EC members suggested creating Adult Vaccination Working Group EFIM-AVWG. Representatives of each member countries should contact Serhat Unal. The WG will be organized under EFIM.

Actions: Serhat Unal to receive names of representatives from the national societies and form the AV WG.

19. EFIM ½ Day Romania (Jan Willem Elte)

Jan Willem presented the EFIM ½ day event that took place during the Romanian National Society Congress. The event was organised by the EFIM congress scientific committee with a purpose to represent a new kind of EFIM regular activity in the future. Not many participants showed up on the sessions, the reason behind might be,organising many parallel session at the congress. Frank Bosch proposed in future to have EFIM session implemented during the plenary session. However the opinion from different national societies was diverse. Alexis Mueller stated that during the German National Society congress this option won't be possible. EK proposed to show internal medicine from another side and ask national societies if they have any specific need or topic to be presented. Ramon Pujol asked the AC members to discuss the proposal with their boards and send their suggestions.

Action: AC members to send suggestions on EFIM ½ day session during the national society's congress.

20. ESIM Winter 2015 - 2016 (2017)

Norway sent their interest to host ESIM Winter 2015 - 2016 however full application was not received. Representatives from Norway were not able to attend the AC meeting and sent their apology. Presentation will be given in Prague.

Latvia also sent their application to host ESIM Winter 2015 - 2016.

Ieva Ruza from the Young Internists gave the presentation to host ESIM winter School in Riga from 18 -24 January. Alternative dates were also proposed. Director of the school will be Prof. Aivars Lejnicks with Verena Briner and Margus Lember as Co-directors. Administrative side of the school will be managed by Ieva Ruza. Hotel Wellton Elefant, a four star hotel has been selected to host the school. Programme and social activities are under discussion. The participant fee will be 800 EUR including the VAT. Ieva welcomed everyone to enjoy Latvia and select Riga to host ESIM winter 2015 - 2016.

Nica said that the decision will be made in Prague when Norway will be able to present their offer.

21. ESIM Summer 2014 - 2016

Nicola Montano presented the proposal for ESIM Summer 2014 - 2016.

The school will take place in Sardinia in Hotel Flamingo on Santa Margherita di Pula. Time proposed is mid June, since this is not high tourist season. The overall cost for participation will be 995 EUR including accommodation and meals, organised social programme, lecture facilities, speakers accommodation. Giancarlo Agnelli, Lorenzo Dagna and Nicola Montano will be directors of the school including Gianmarco Podda and Giorgio Costantino as members of the Scientific Board. Nicola also presented the GrAM, the the Group for Autoeducation in Clinical Methodology that was funded about five years ago by a group of clinicians and statisticians with the aim of addressing the discrepancies between research, medical literature and clinical practice. This will be presented during ESIM school together with Hot controversy topics, Clinical methodology strip, Clinical cases discussion in small groups and in plenary. Administration will be managed by Fiorrella Peppe, SIMI's SIMI Scientific Secretary. Mine Durusu proposed to SIMI to get in contact with Erdal Akalin, ESIM Summer Director.

22. Young Internists (Lenka Bosanska)

Lenka Bosanska gave presentation on the Young Internists group and the activities that the Young Internists Subcommittee organised in the past year. Short input was given on the engagement of the YI in each national society, showing the most active ones and the countries that have no representatives. History of all YI meetings were presented with photographs showing increased numbers of YI representatives. Lenka presenting the new members from FADOI, Spain, Portugal and Cyprus. YI have been very much involved in the Executive Committee, AC, WG, ESIM - Promotion of YI activities, workshop, Clinical Research Seminar - Organizing Committee and Cooperation with Rare diseases WG - survey. YI Facebook group count 300 members who are involved in very active discussions. They are actively involved in organising 7th YI Day in Prague, Medical Error Reporting Survey, Survey on Trainee Satisfaction, Rare diseases in Europe, Projects from national YI groups and they will be happy to be engaged in the National Society activities, Meetings between EFIM & National Societies, Junior Fellowship, Newsletter content, New working groups and projects. Lenka informed the AC

members on the changes of the YI internists' subcommittee structure. She stepped down as YI chair and thanked EFIM on the experience and knowledge gained from such senior professors.

New YI Subcommittee was presented with Carla Araujo as new YI Chair and Frauke Wiedanz as YI Secretary. Other members of the YI Subcommittee are Monique Sleet-Valentijn, Ieva Ruza, Xavier Roux and Lenka Bosanska as Ex-Chair.

23. Report Exchange Programme WG (Carla Araujo)

Carla gave presentation on the Exchange working group introducing the experience phase 2013. She pointed out that residents were very satisfied with the current programme and they have received only positive feedback. She then presented the countries involved in the project and added that Germany joined as well. She is expecting two new centres from the Netherlands and Poland to join shortly. Carla informed the AC members that FDIME and EFIM offer bursaries support to the residents participating in the Exchange programme. Exchange WG has been very active and delivered very successful programme with a lots of support from the YI. Exchange Programme is the new EFIM flagship.

24. Report Rare Diseases WG (Lorenzo Dagna)

Lorenzo gave short report on the Rare Diseases progress WG and the survey that was conducted to gather data on the awareness of European Physicians toward rare diseases. Next objective of the WG is to gather information on European Internal Medicine departments dealing with rare diseases in order to have the basis for an EFIM-based International Network of physicians that are involved in clinical care and research on those diseases. Lorenzo mentioned the strong support and contact he had with physicians in Portugal and Spain and invited AC members to join the working group and share their experiences.

25. Report Professional Issues and Quality of Care WG (Harry Van Hulstijn)

Mark Kramer was not available to attend the AC meeting in Helsinki and sent his apology. Harry van Hulstijn gave the presentation on the progress report from Professional Issues and Quality of Care WG. He presented the Instruments for Quality of Care, Peer inspection of Practices "Rule of Ten", Immediate discharge document: "Rule of Twelve" and talked about the Safety reflecting on Systematic approach of safety, safety campaign, education and training and safety network of medical specialists with focus on patient safety. Harry introduced Evidence-based guidelines and recommended the www.agreecollaboration.org for more detailed information. Harry focused on the importance of evaluation of the individual medical specialist including Peer to peer, Multisource feedback or Appraisal, Reflection and Personal development plan: SMART (Specific, Measurable, Attainable, Realistic, Timely). Harry then presented the paper on Reappraisal of General Internists in the Academia and asked AC members if interested to request it from EFIM secretariat. Harry informed the AC members that two papers are ready for publication and introduce the Peer Audit of practices presentation. He invited members of the societies to join the group and be actively involved.

26. Report Competencies WG (Runolfur Palsson)

Runolfur presented The EBIM Surveys of Internal Medicine in Europe:

- The Practice of Internists
- Postgraduate Training in Internal Medicine

Runolfur informed the AC members that papers describing the results will be published in the European Journal of Internal Medicine soon. The future workstream of the WG is to create Common European curriculum in Internal Medicine. The curriculum will be Based on the similarities among the European countries and focusing on presenting problems encountered by internists. Additional items can be added by individual national societies, according to local traditions or organisation of health care. Runolfur showed the strategic approach and proposed organising two groups: a small writing group, comprising 5 individuals and larger working group consisting of one delegate from each national society and the Young Internists Assembly, providing review of the work and recommendations. The goal is to complete the curriculum in 2 years time.

27. Next AC Meeting Prague - date and time schedule (Nica Cappellini)

Nica informed the AC members that the next meeting will take place in Prague on 2 October, during ECIM congress. Details and programme will be sent soon. Jiri Widimsky commented that Prague organisers have already booked meeting rooms for the Administrative council and Executive committee meeting and the preparations are in progress.

28. Administrative Council Meeting Autumn 2014

Estonia sent their candidacy to host EFIM Autumn meeting in 2014 for the second time. Margus Lember presented Tartu in Estonia and welcome EFIM to hold their autumn meeting in 2014. The dates proposed for the meeting are 26 - 27 September 2014. Tartu is 2nd biggest Estonian city with 100 000 population. University of Tartu is the most important institution in Tartu with internal medicine department. AC members approved the proposal by acclamation.

29. Any other items: to be notified to the Secretary General in advance of the meeting

- Next AC meeting will take place in Prague, Czech Republic on 2 October May, 2013

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