PRESIDENT’S REPORT

Prof. Nicola Montano, Milan, ITALY
Welcome to the 1\textsuperscript{st} Virtual General Assembly
Thanks to the EFIM Executive Committee, Secretariat and ... Zoom

Runolfur Palsson – Past President
Dror Dicker – President Elect
Xavier Corbella – Secretary General
Valentin Kokorin – Treasurer
EFIM Activities
Malaga congress preparation before the Covid-19 wave
Zoom Teleconferences

Call with the Presidents

EC calls
EFIM Communication
Dear Members of EFIM community,

In this summer newsletter, I will be reflecting at greater length on the events of the past few months across the world and the EFIM activities. At EFIM office we’ve been busy organising several webinars and live discussions with our community, we organized joined session with ACP and many teleconferences. ...

Dearest Friends,

first of all let me THANK, APPLAUDE and HUG all the Internists all over the world that in these days are facing an unprecedented burden of stress, fighting Covid-19. I must tell you that, at difference with the actual people’s feeling, I do not think we are heroes. Heroes choose to sacrifice themselves for someone else, but we did not choose, we were there and we had to take care of our patients, as usual at our best. ...
COVID-19: Resources

- COVID-19: Moving Forward Together
- Tecofizumab in COVID-19 - Which Clinical Benefits?
- Lessons for Internists about the Pandemic

EFIM Website

Relevant EFIM Publications

- Clinical practice guidelines adaptation for internists - An EFIM methodology
  Author(s): Witold Leśniak, Laura Monti-Bonino, Dirck Dicker, Ignacio Marín-León
  Date: 25 June 2020
  Login or register to download | View publication

- The challenge of implementing Less is More medicine: A European perspective
  Date: 16 April 2020
  Login or register to download | View publication

What is EFIM?
The principal objectives of EFIM is to promote internal medicine on a scientific educational, ethical and professional level and to support internists in providing better care for patients throughout Europe.

Learn more

What is internal medicine?
The specialty of internal medicine covers a wide range of conditions affecting the internal organs of the body. Although some diseases specifically affect individual organs, the majority of common diseases. The internist must then be trained to recognize and manage a broad range of diseases and, with the aging population, many patients with chronic and multiple disorders.

Learn more

Welcome to EFIM

Latest News
EFIM Working Groups
Choosing Wisely

- The challenge of implementing Less is More medicine: A European perspective
- **Author:** Omar Kherad, Nathan Peiffer-Smadja, Lina Karlafti, Margus Lember, Nathalie Van Aerde, Orvar Gunnarsson, Cristian Baicus, Miguel Bigotte Vieira, Antônio Vaz-Carneiro, Antonio Brucato, Ivica Lazurova, Wiktoria Leśniak, Thomas Hanslik, Stephen Hewitt, Eleni Papanicolaou, Olga Boeva, Dror Dicker, Biljana Ivanovska, Pinar Yldiz, Patrick Lacor, Mark Cranston, Frauke Weidanz, Giorgio Costantino, Nicola Montano
- **Date:** 16 April 2020

- Healthcare systems in developed countries are facing new challenges that include defining the values, objectives and tasks of sustainable medicine. Near universal access to quality health care is one... [more]

Ultrasound WG

- **Title:** Point-of-care ultrasound in internal medicine: A position paper by the ultrasound working group of the European federation of internal medicine
- **Author:** J. Torres-Mach, T. Aro, I. Bruckner, F. Von Wowern, F.H. Bosch
- **Published:** December 12, 2019

Highlights

Ultrasonography is a very useful tool in the internal medicine daily practice. The use of Point-of-care-ultrasound needs to be widespread among internists. Core competencies and training requirements are defined in this document.

Critical Appraisal WG

- **Clinical practice guidelines adaptation for internists - An EFIM methodology**
- **Author:** Wiktoria Leśniak, Laura Morbidoni, Dror Dicker, Ignacio Marín-León
- **Date:** 25 June 2020

- The rising number of clinical guidelines poses a new challenge to the internists. The main problems are: 1) available documents suffer from heterogeneous methodological quality, and 2) most of... [more]

IMAGINE WG

- **IMAGINE the future - a voice of young internists - JAMA**
- We are pleased to inform you that EFIM IMAGINE Working Group published their paper "IMAGINE the future - a voice of young internists" in JAMA under the title "Sex, Gender, and Precision Medicine". Article can be accessed via [JAMA website](#).
New Working Groups

Multimorbidity WG
• Proposed by the Spanish Society

WG on Telemedicine, Innovative Technologies & Digital Health
• Proposed by FADOI Italy

New Subcommittee

Rare Diseases Subcommittee
Chair – Prof. Runolfur Palsson
Journals and Publications
Comparison of Reported Deaths From COVID-19 and Increase in Total Mortality in Italy

Marcelli F., Follereau J., Menart N., Madigan M., Pavia A.,

Position Statement

Obesity and COVID-19: The Two Sides of the Coin

Dicker D. O., de Souza L. M., Fontana S., Barulic S. M., Bellani G., Pervez S., Marchi L., Pratesi M., Zangrillo A., Carletti E.,

Abstract

The World Health Organization declared COVID-19 the infectious disease caused by the novel coronavirus SARS-CoV-2, a pandemic on March 11, 2020. COVID-19 is causing massive health problems and economic suffering around the world. The European Association for the Study of Obesity (EASO) recognizes that the pandemic will have consequences with obesity. In response, EASO urges 1. The implementation of obesity-related policies by policymakers and health authorities to support the development of effective obesity prevention and treatment strategies in the COVID-19 pandemic. 2. The immediate resumption of surgical obesity treatment and bariatric surgery to prevent the increase in obesity-related health problems. 3. The development of obesity-related research and clinical trials on COVID-19 and obesity to identify potential strategies to mitigate the epidemic impact. 4. The adoption of a comprehensive, multi-sectoral approach to combat obesity and COVID-19. 5. The collaboration between national and international organizations to promote the best evidence-based practices to prevent and treat obesity and COVID-19. 6. The dissemination of accurate and reliable information on obesity and COVID-19 to the public, policymakers, and healthcare professionals. 7. The development of obesity-related guidelines and tools for the management of COVID-19 in obese patients, including the development of specific obesity-specific treatment protocols. 8. The prioritization of obesity and COVID-19 research to support the development of effective interventions. 9. The implementation of obesity-related policies by policymakers and health authorities to support the development of effective obesity prevention and treatment strategies in the COVID-19 pandemic. 10. The immediate resumption of surgical obesity treatment and bariatric surgery to prevent the increase in obesity-related health problems. 11. The development of obesity-related research and clinical trials on COVID-19 and obesity to identify potential strategies to mitigate the epidemic impact. 12. The adoption of a comprehensive, multi-sectoral approach to combat obesity and COVID-19. 13. The collaboration between national and international organizations to promote the best evidence-based practices to prevent and treat obesity and COVID-19. 14. The dissemination of accurate and reliable information on obesity and COVID-19 to the public, policymakers, and healthcare professionals. 15. The development of obesity-related guidelines and tools for the management of COVID-19 in obese patients, including the development of specific obesity-specific treatment protocols. 16. The prioritization of obesity and COVID-19 research to support the development of effective interventions.
EFIM Journals

EJIM – impact factor 2019 **4.329**.
- ranks 26\(^{th}\) of 154 journals in the category of Medicine, General & Internal
- Congratulations to Prof. Agnelli and his editorial team

EJCRIM has been indexed by PubMed Central, Google Scholar, DOAJ, HINARI COPE
ECIM 2021 & 2022
ECIM 2021 – Virtual congress 18 – 21 March 2021
Online 3D congress platform
ECIM 2022 – 24 – 26 March Malaga, Spain
ECIM 2022 – in presence

Organised by Kenes Group
ESIM and Exchange programme

- Postponed to 2021/22
- Exchange Programme on hold till 2021
EFIM Collaboration
EFIM Educational Collaboration

ACP
• Webinars
• ACP & EFIM Symposium

MIRCIM
• EFIM Day
• Webinars

SAM
• Joined EFIM / SAM Day

ISIM
• Talks about joint congress in Europe
• EFIM sessions at WCIM
EFIM Institutional Collaboration

FDIME
- FDIME Grants
- Clinical Research Seminar

EU Health Coalition
- EU Health Summit 2020
- 26 Oct 2020

EMA
- EFIM Delegates
- Daniel Sereni, France
- Gualberto Gussoni, FADOI, Italy

EFIM Delegates
- Daniel Sereni, France
- Gualberto Gussoni, FADOI, Italy
Thank you!

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