Foundation for the Development of Internal Medicine in Europe

FDIME

Activities 2023

Daniel Sereni
Président FDIME
FDIME Main activities

• Organizes the Clinical Research Seminar
• Offers ESIM Bursaries
• Supports YI exchange program
• Supports poster prizes at ECIM
• Supports Clinical Research with annual grants
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- Is the voice of Internists in informing the public on health issues
Research Grant
2023

17 500 euros grant to Dr Laure Galley (F)

- One year research grant
- Skeletal muscle stem cells as new actors in the pathogenesis of inflammatory myopathies
- At the University Hospital of Geneva, under supervision of Professor Thomas Laumonier
Support for Young Internists

• Best Posters awards, ECIM 2023, Athens
  – Dr Daniel Shepshelovotch
  – Dr Kalliopi Zachou
  – Dr Dimitri Sagris

• 3000 euros support to the EFIM Young Internists exchange Program
Clinical Research Seminar
20th

From 14 to 16 November 2023 In Paris

- All expenses covered by the Foundation
- 10 academic speakers
- One patient representative
- Participants
  - 51 applicants
  - 15 accepted
  - 7 countries
Clinical Research Seminar topics

- Protection of persons in clinical research
- A patient’s representative point of view
- How to deal with sample size and power
- Clinical epidemiology
- How to build a clinical trial
- Research in rare diseases
Clinical Research Seminar topics

- Genetic research in Iceland
- Analyzing a clinical paper
- High yield tips in grant application writing
- Artificial Intelligence tools for therapeutic reasoning support
- Short presentations of their own experience in research by all residents
Informing and Advising the Public

- 14 newsletters on Covid have been circulated through Mailchimp, Facebook and the FDIME website
- 16 newsletters and Health Communications on various subjects
- Website (www.fdime.org)
Benefits of inefficient walking: Monty Python-inspired experimental study

Statins rarely cause muscle pain

Nonfasting vs fasting lipid testing

Black tea might be good for your health!

Why iodine is important for you and your thyroid

Moderate coffee intake is associated with lower mortality regardless of whether sugar is added

Cycling for health

Sitting can elevate your blood sugar levels, so get up and move

Coffee is good for fatty liver disease

Should sodium glucose co-transporter-2 inhibitors (SGLT2-i) be the first choice in the treatment of diabetes type 2?

Alcohol

Coronavirus Update FAQ 1 t/m 14
• Should we take a Covid-19 and Flu vaccine together?
• The price of plastic success story on health
• Vitamins supplementation in heathy people
• Anemia, a major but treatable health problem
• Endocrine disruptors

www.fdime.org
EFIM/FDIME Meeting
ECIM 2023, Athens, 17th of March
15h15 - 16h15

15h15 Opening and objectives.
Daniel Sereni & Dror Dricker

15h20 Internists, patients and FDIME.
Jan Willem Elte

15h25 Short introductions on diabetes developments (Nikolaos Tentolouris), obesity (Dror Dicker) and rare diseases (Daniel Sereni), 5 minutes each.

15h40 Efstathios Chatzopouloson on diabetes, Vicki Mooney on obesity and metabolic disease and Eustratios Chatziharalambous on rare diseases/general aspects), followed by a Round Table discussion with all speakers and a general discussion. “Patients address European Internists”. Panel participants: Ramon Pujol, Daniel Sereni, Dror Dicker, George Dalekos, Ricardo Gomez Huelgas, Nikolaos Tentolouris, Diabetes patient, Vicki Mooney, Eustratios Chatziharalambous.

16h10 Concluding remarks.
Daniel Sereni & Dror Dricker
Internists, health communications and FDIME.

Chairmen: Daniel Sereni and Ricardo Gomez Huelgas

- Internists, health communications and FDIME. Jan Willem Elte.
- Short introductions of patients. Akif Bayyigit
- Mr. Ugur CIMEN on Covid 19 and Mrs. Saniye Busra AKSOY on Lupus
- Round Table discussion
  “Patients address European Internists”. Moderator: Ramon Pujol.
- Concluding remarks.