EFIM Young Internists’ Report

Dr. Caterina Delcea  
Chair Young Internists  
European Federation of Internal Medicine

Carol Davila University of Medicine and Pharmacy, Bucharest, Romania  
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Who are we?
• Young Internists is a section of the European Federation of Internal Medicine

• Doctors in training in internal medicine / early years of their senior posts.

• Up to 5 years after Internal Medicine specialty (regardless of age).
The officers of the Board are elected by the Assembly for a period of 1 term of 2 years.

The Chair is elected by the Assembly for a period of 1 term of 2 years. Either National Representative or Board Officers can apply as Chair.

The board appoints the Secretary among its members. The Secretary steps down automatically from her/his Office once the term as Board Officer expires.
Young Internists’ Assembly

• 34 members
• From 25 countries

• YIs Board:
  ▪ 1 chair
  ▪ 1 secretary
  ▪ 4 officers
Young Internists’ Projects

- Education
- Research
- Collaborations
  - ESIM
  - ECIM
Education
Education - Webinars

Challenges in 2023 for Systemic Lupus Erythematosus
Organised by the EFIM Young Internists
Speaker: Laurent Antoniau, MD, PhD, Professor of Rheumatology, University of Toulouse, France
Moderator: Luisa Municio, MD, PhD, Department of Internal Medicine, University of Valencia, Spain
Date: March 20th, 2023
Time: 18.00 pm CET

POCUS for the Young Internist
Organised by the EFIM Young Internists
Speaker: Professor Juan Torres Macho, Head of Internal Medicine, University of Valladolid, Spain
Moderator: Edgar Andrade Saz, MD, PhD, Department of Internal Medicine, University of Guadalajara, Mexico
Date: April 18th, 2023
Time: 18.00 pm CET

Community Acquired Pneumonia - An EFIM Guidelines Critical Appraisal Adaptation for Internists
Organised by the EFIM Young Internists
Speaker: Dr. Sarbel Yani, FAPE, FRCP, Clinical Professor of Medicine, King's College London, UK
Moderator: Antonio Alemany, MD, PhD, Department of Internal Medicine, University of Barcelona, Spain
Date: June 15th, 2023
Time: 17.00 pm CET

Systemic sclerosis - Primer for the internist
Organised by the EFIM Young Internists
Speaker: Associate Professor Carina Miwhal, PhD, Reader in Rheumatology, Department of Rheumatology, University College London, UK
Moderator: Neel Singh, Department of Rheumatology, University of Auckland, New Zealand
Date: October 10th, 2023
Time: 18.00 pm CET

Pulmonary Hypertension Primer for the Internist
Organised by the EFIM Young Internists
Speaker: Alberto M. Maffei, MD, Assistant Professor of Medicine, University of Padua, Italy
Moderator: Luisa Municio, MD, PhD, Department of Internal Medicine, University of Valencia, Spain
Date: November 30th, 2023
Time: 18.00 pm CET
Deep Vein Thrombosis – Primer for the internist
Dr Pablo Demelo, Spain
TBA

Hyperthyroidism – Primer for the internist
Prof Dagmar Fuehrer-Sakel, Germany
September 2024

Vasculitis – Primer for the internist
Dr Balasz Odler, Austria
November 2024
Education - Webinars
Research
Research - Surveys

Challenges in Internal Medicine training and residency. EFIM Young Internists' Survey

- November 2022 – February 2023
- 512 responses
- > 25 countries
What are the challenges?
Research – Upcoming Surveys

24-hour shifts – Lucia Ordieres Ortega
Collaborations
Collaborations

Young Group - Sociedad Argentina de Medicina Interna
Collaborations
ÖGIM – Young Internists

Internal Medicine Residency in Europe - Is the grass greener on the other side?
Challenges in Internal Medicine Training - A multinational survey across Europe - Caterina Delcea (Bucarest, Romania)
Soft skills - The unmet need we didn't know we had (and how to solve it) - Christine Säverall (Lund, Sweden)
The well-being of the internal medicine residents - during Covid and beyond - Miguel Romano Ribeiro (Braga, Portugal)
Digital medicine - the future has already begun - Jan Skrha (Prague, Czech Republic)
Upcoming Collaborations
European Young Nephrologists
European Schools of Internal Medicine
Miguel Romano – Burnout: An Invisible Fire
Oğuz A. Uyaroğlu – Cardiovascular Risk and Dyslipidemia
22nd European Congress of Internal Medicine
Complexity in Internal Medicine – From Bench to Bedside
6-9 March 2024
Istanbul-Türkiye

efim.org/ecim2024
Wednesday - March 6th, 13:00 – 16:00
Workshop : Young Internists – How to Write and Publish an Article

Friday - March 8th 2024, 9:40 – 10:40
Parallel Session 14
The Phoenix Internist - Overcoming hardship and rising from the ashes - Joint Session

Saturday - March 9th, 14:00 – 15:00
Best Abstracts of the Young Internists
Young Internists Corner

**March 7th**
- 11:10 - 11:30: Who is your role model? Let’s create one!
- 17:10 - 17:30: Artificial medicine versus internal intelligence

**March 8th**
- 11:45 - 12:00: Doctors and patients - we teach each other
- 17:10 - 17:30: Unveiling the Mosaic: Diversity and Complexity in Internal Medicine

**March 9th**
- 10:35 - 11:05: Medical mistakes - Let’s open Pandora’s box
'Goodbye, said the fox. And now here is my secret, a very simple secret. It is only with the heart that one can see rightly. What is essential is invisible to the eye.'